

Name of Grantee: University of San Diego

Title of Proposed Project: Grossmont Healthcare District Behavioral Health Scholarship Fund

Requested Amount: \$75,000

of Residents Served: 3200

CHNA Category: Behavioral Health



Introduction

The University of San Diego (USD) is a contemporary Catholic university grounded in the liberal arts and dedicated to advancing academic excellence while fostering inclusivity, sustainability, and hope. As part of USD, the Hahn School of Nursing and Health Science (HSON) cultivates a community of progressive scholars in a rigorous, research-intensive environment. Our mission is to prepare graduate-level nurses and healthcare informaticists who optimize health, promote healing, and alleviate suffering through reflective practice, research, service, and leadership.

Project Highlights

The Grossmont Healthcare District Behavioral Health Scholarship Fund will address the critical shortage of psychiatric mental health providers in the Grossmont Healthcare District. Through this initiative, 15 tuition scholarships of \$5,000 each (a total of \$75,000) will be awarded during academic years 2025–2027 to students enrolled in the Psychiatric Mental Health Nurse Practitioner (PMHNP) program at the University of San Diego Hahn School of Nursing and Health Sciences (HSON) who have secured behavioral health clinical placements within the District. These scholarships will reduce financial barriers, support clinical training, and prepare highly qualified providers dedicated to serving local communities.

Prior Funding - none

FY24-25:

FY23-24:

FY22-23:

FY21-22:

FY20-21:

Prior Sponsorships - none

FY24-25:

FY23-24:

FY22-23:

FY21-22:

FY20-21:

Name of Grantee: University of San Diego

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Financial Overview

in millions

Total Assets: \$ 1,822,963

Current Assets: \$ 208,775

Total Liabilities: \$ 373,416

Current Liabilities: \$ 104,859

Current Ratio: 1.99

Total Revenue: \$ 419,485

Operating Cash Flow: \$ 804

Cost per Client: \$ 23.44

Budget Data

Total Organization Budget: \$ 591,455,947

Total Project Budget: \$ 75,000

GHD % of Project Funding: 100%

Grant Funding Allocation:

Staff \$ -

Management \$ -

Consultants \$ -

Equipment \$ -

Food \$ -

Information/Materials \$ -

OTHER \$ -

Utilities & Office Exp. \$ -

Professional Services \$ -

Training \$ -

Scholarships \$ -

2025 \$ 25,000

2026 \$ 25,000

2027 \$ 25,000

Total \$ 75,000

Total Organization Funding Sources

Source	Amount
Federal	\$ -
State	\$ -
City/County	\$ -
Other Government	\$ -
Proposed GHD	\$ 75,000
Fees for Service	\$ -
Auxiliary	\$ 69,807,962
Private Donations	\$ 155,500
Tuition	\$ 501,834,496
Investments	\$ 9,172,287
Other	\$ 10,410,702
	\$ -
Total	\$ 591,455,947

Title	University of San Diego	08/26/2025
	by Laura Truman in Full Grant FY25-26	id. 51457277
	lauratruman-10@sandiego.edu	

Original Submission	08/26/2025
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Score	n/a
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Organization Information

Legal Name of Organization	University of San Diego
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Address	5998 Alcala Park San Diego CA 92110 US 32.7723943 -117.1881016
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Organization Website	https://www.sandiego.edu/
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Organization Introduction	Please provide a brief (2-3 sentence) introduction to the organization, and its primary purpose(s).
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Organization Introduction (response):	The University of San Diego (USD) is a contemporary Catholic university grounded in the liberal arts and dedicated to advancing academic excellence while fostering inclusivity, sustainability, and hope. As part of USD, the Hahn School of Nursing and Health Science (HSON) cultivates a community of progressive scholars in a rigorous, research-intensive environment. Our mission is to prepare graduate-level nurses and healthcare informaticists who optimize health, promote healing, and alleviate suffering through reflective practice, research, service, and leadership.
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Applicant Information

Name (application point of contact)	Laura Truman
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Applicant Title	DNP/NP Program Director
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Applicant Phone	+16192604196
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Applicant Email	lauratruman-10@sandiego.edu
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Are you the agency director? Yes

Board of Directors

[USD_Board_of_Trustees_Listing_July_1_2025.pdf](#)

Nonprofit Bylaws

[USD_Nonprofit_Status_and_Bylaws.pdf](#)

Organization Brochure

[USD_2025-Fact-Book-digital.pdf](#)

Has the organization received grant or sponsorship funding from the Grossmont Healthcare District within the past five years? No

Grant Information

Proposed Project Title Grossmont Healthcare District Behavioral Health Scholarship Fund

Project Highlights Please provide below a concise (2-3 sentence) description of the proposed project.

Project Highlights (response): The Grossmont Healthcare District Behavioral Health Scholarship Fund will address the critical shortage of psychiatric mental health providers in the Grossmont Healthcare District. Through this initiative, 15 tuition scholarships of \$5,000 each (a total of \$75,000) will be awarded during academic years 2025–2027 to students enrolled in the Psychiatric Mental Health Nurse Practitioner (PMHNP) program at the University of San Diego Hahn School of Nursing and Health Sciences (HSON) who have secured behavioral health clinical placements within the District. These scholarships will reduce financial barriers, support clinical training, and prepare highly qualified providers dedicated to serving local communities.

Amount of Funds Requested 75000

Number of Unduplicated GHD Residents to be Served 3200

Ages of Population to be Served (select all that apply) Early childhood (up to 5 years)
Middle childhood (6-11 years)
Adolescent (12-17 years)
Adult (18-65)
Seniors (65+)

Which of GHD's strategic priorities best aligns with your project? (select one)

Behavioral Health

Areas of Impact The Grossmont Healthcare District is home to approximately 520,000 residents, and its boundaries cover a large geographic area of 750 square miles that include most cities and towns frequently referred to as "East County," as well as much of the rural Mountain Empire Region. For the purposes of Board governance, it is divided into five zones. Use the image below or visit the Grossmont Healthcare District Interactive map to identify which zone(s) your project will impact.

Which zone(s) of the Grossmont Healthcare District will your project impact?

Zone 1: Santee, El Cajon - Bostonia
Zone 2: Spring Valley, Lemon Grove, Mountain Empire communities (Tecate, Potrero, Campo)
Zone 3: La Mesa
Zone 4: Lakeside, Harbison-Crest, Alpine, Pine Valley, Tribal communities (Barona, Sycuan, and Viejas Reservations), El Cajon (unincorporated)
Zone 5: El Cajon, Jamul

Project Narrative

Narrative Part 1 - Problem Statement

Please provide a summary description of the issue(s) or challenge(s) that the proposed project seeks to address, and the need for these proposed service(s) within the Grossmont Healthcare District.

Narrative Part 1
(response)

The Grossmont Healthcare District Behavioral Health Scholarship Fund seeks to address the urgent need for psychiatric mental health providers within the Grossmont Healthcare District. San Diego County is currently experiencing a severe shortage of behavioral health professionals. The shortage is particularly acute in East County, where access to psychiatric care is limited. The need is further underscored by the 2025 Point-in-Time count, which reported an overall decrease in homelessness across San Diego County but a 20% increase in El Cajon compared to 2024. These data highlight the growing behavioral health crisis and the urgent need for solutions tailored to local communities.

This project will have both immediate and long-term impacts on strengthening the behavioral health workforce. In the immediate term, tuition scholarships will ease financial barriers for students in the PMHNP program at the HSON. By reducing the need to work outside employment during their studies, students can devote more time and energy to their training and clinical service delivery. This allows for stronger academic performance, increased availability for clinical placements, and improved retention.

In the long term, the program will help build a sustained workforce of psychiatric providers within the Grossmont Healthcare District. Many PMHNP graduates transition into permanent roles at the clinical training sites where they complete their rotations, directly increasing the number of providers practicing locally. By reducing financial barriers and supporting student success, this project ensures that highly trained behavioral health professionals are available to meet the growing mental health needs of the Grossmont Healthcare District.

Narrative Part 2 -
About Your
Organization

Please share the most important information about your organization, and its capabilities to address the problem(s) described above. Relevant information could include some of the following: How will your organization's history and experience make this project successful? Current programs and recent accomplishments or achievements Recent major changes to financial and/or organizational circumstances

Narrative Part 2
(response)

Chartered in 1949, the University of San Diego (USD) is an independent, private Catholic institution recognized for its commitment to teaching, research, social justice, and community engagement as an anchor institution in Southern California. Designated a “Changemaker” campus, USD’s strategic plan emphasizes student and faculty diversity, academic excellence, and innovation to serve humanity.

Since its founding in 1974, the HSON has graduated more than 3,600 alumni and grown into a nationally recognized leader in nursing education. U.S. News & World Report ranks HSON among the best in the nation, currently 36th for Master of Science in Nursing (MSN) programs and 52nd for Doctor of Nursing Practice (DNP) programs. The school is accredited by the California Board of Registered Nursing, the Commission on Collegiate Nursing Education, and the Western Association of Schools and Colleges.

In recent years, however, USD has faced rising operational costs due to the high cost of living in San Diego. These expenses directly affect tuition, which must remain competitive with other private institutions while covering the increasing costs of faculty recruitment and retention, facilities, and academic support services. As a result, tuition for advanced practice nursing programs, including the PMHNP program, is often higher than many students can afford without financial assistance.

These financial pressures create barriers to access, particularly for students from underserved and economically disadvantaged backgrounds who are already underrepresented in the advanced practice nursing workforce. Without additional support, many qualified applicants are unable to pursue graduate-level training, limiting the development of a diverse psychiatric provider workforce that reflects the diverse community of San Diego County.

Tuition assistance through grant funding is therefore critical to ensuring accessibility and equity. By offsetting educational costs, the Grossmont Healthcare District Behavioral Health Scholarship Fund will allow USD to recruit, retain, and graduate students from a broader range of socioeconomic and cultural backgrounds. In doing so, the program will increase the number of highly trained psychiatric mental health nurse practitioners entering practice and directly address the urgent shortage of behavioral health providers within the Grossmont Healthcare District.

Narrative Part 3 -
About the Community
Served

Please share information about the community that will be served through this project. Relevant information could include some of the following: The primary community opportunity, challenge, issue or need that your organization works to address Information about the people you serve such as socioeconomic status, race, ethnicity, gender, sexual orientation, age, physical ability, and language Details about how you work with other organizations, coalitions, or networks that serve the same community, or provide similar services Details about how you listen to/involve constituents, community members, and/or volunteers

Narrative Part 3
(response)

The Grossmont Healthcare District Behavioral Health Scholarship Fund seeks to address the urgent and growing shortage of psychiatric mental health providers within the Grossmont Healthcare District. San Diego County currently has only about one-third of the psychiatric providers needed to meet community demand, and the shortage is particularly acute in East County, where access to care is limited and wait times for appointments can extend for weeks or even months. This shortage has direct consequences for vulnerable populations, many of whom already face barriers to care due to socioeconomic status, cultural and linguistic diversity, or lack of insurance coverage.

The community served through this project is highly diverse. East County includes a large number of low-income households, immigrant and refugee families, Spanish-speaking residents, and individuals from historically underserved racial and ethnic groups. Many residents also struggle with co-occurring challenges such as housing instability, food insecurity, or chronic medical conditions that increase the complexity of their behavioral health needs. Expanding the availability of PMHNPs is critical to improving equitable access to timely and culturally competent mental health care.

The PMHNP program at the HSON was the first of its kind in the greater San Diego area when it launched in 2010. Since then, it has prepared more than 90 graduates who have gone on to serve in county-funded behavioral health programs, Federally Qualified Health Centers (FQHCs), and the UCSD PMHNP Fellowship Program. In 2013, the program became the first in the region to partner with UCSD to establish community mental health training rotations, a collaboration that continues today. Additional partnerships with the County of San Diego Health & Human Services Agency, Behavioral Health Services, Rady Children's Hospital, and Sharp Mesa Vista further expand clinical placements and ensure that students train in diverse community settings where the need is greatest.

To ensure that the program remains accessible and relevant to the community it serves, the PMHNP program has also launched a Community Ambassador initiative. Ambassadors, trusted representatives from diverse San Diego communities, play a key role in outreach and recruitment. They promote the program to prospective students, provide culturally responsive guidance during the application process, and help connect applicants with resources at the HSON. By participating in information sessions, distributing program materials, and serving as liaisons to the community, Ambassadors strengthen trust and increase enrollment among students from underrepresented backgrounds who are committed to serving in the public behavioral health system.

Through these efforts, the PMHNP program not only trains highly skilled providers but also builds pathways for community involvement and ensures that the perspectives of local residents shape program outreach and accessibility. The Grossmont Healthcare District Behavioral Health Scholarship Fund will make it possible to expand these efforts by reducing financial barriers for students, thereby strengthening the behavioral health workforce available to meet the needs of the Grossmont Healthcare District.

Narrative Part 4 -
About Your Project

Please explain the project. It is not necessary to restate information answered above. Relevant information could include some of the following:
What you plan to do (activities) and anticipated timeframe
Why you plan to do it (opportunity, challenge, issue or need)
Who will be impacted (target population, including age, gender, ethnicity, other relevant characteristics)
Whether the proposed project is a new service or an established service or program that will be expanded to GHD residents

Narrative Part 4
(response)

The proposed project will provide tuition assistance through the Grossmont Healthcare District Behavioral Health Scholarship Fund to students enrolled in the PMHNP program at the HSON for academic years 2025-2027. Over the course of the grant years, 15 scholarships of \$5,000 each will be awarded, totaling \$75,000. These funds will be distributed directly to students as tuition support, with the goal of reducing financial barriers to graduate-level education.

The primary beneficiaries of this project are graduate nursing students, many of whom come from diverse and underserved backgrounds and are committed to working in the public behavioral health system. These students represent a range of ages, ethnicities, and socioeconomic statuses. Scholarship support will allow students to focus their time and energy on rigorous academic and clinical training rather than outside employment. In turn, patients across the Grossmont Healthcare District—including children, adolescents, adults, and older adults—will benefit from increased access to psychiatric mental health providers.

This initiative builds on an established and highly successful PMHNP program that has trained more than 90 graduates since its launch in 2010. The scholarship fund represents an expansion of support specifically for students placed in clinical training sites within the Grossmont Healthcare District. By making the program more accessible to qualified students who might otherwise be unable to pursue advanced training, the project directly contributes to workforce development in local behavioral healthcare.

Scholarship applications will be administered by Amy Wright, HSON's Director of Student Services, who oversees all scholarship and grant-related activity within the school.

Eligibility Criteria:

To be considered for funding, applicants must:

- Be enrolled in the PMHNP program at the HSON during academic years 2025-2027.
- Be in good academic standing at the University of San Diego, meeting all program and university progression standards.
- Have a secured behavioral health clinical placement within the Grossmont Healthcare District zones.
- Submit a 500-word (or less) statement outlining financial need and describing their interest in pursuing employment at a behavioral healthcare facility within the Grossmont Healthcare District zones.

Through this structure, the Grossmont Healthcare District Behavioral Health Scholarship Fund will ensure that scholarship dollars are awarded equitably, transparently, and with accountability, while also prioritizing the development of a workforce dedicated to serving the communities most in need within the Grossmont Healthcare District zones.

Measurable Project Goals	In addition to the number of unduplicated GHD residents to be served, please briefly describe below 2-3 measurable goals that the project aims to achieve. If awarded, you will be asked to report back on your accomplishment of these goals, so please be sure that they are specific, measurable, and achievable within the project timeframe.
Project Goal #1	Award 15 tuition scholarships of \$5,000 each during the 2025–2027 academic years to reduce financial barriers for Psychiatric Mental Health Nurse Practitioner (PMHNP) students enrolled at the University of San Diego Hahn School of Nursing.
Project Goal #2	Ensure that at 100% of scholarship recipients complete at least 120 of their required clinical training hours within Grossmont Healthcare District zones, contributing directly to the development of a local behavioral health workforce.
Project Goal #3	All recipients will submit a statement of interest in working within the Grossmont Healthcare District, with a goal of at least 50% securing behavioral healthcare employment in the district within one year of graduation.
Narrative Part 5 - About Your Impact	In a brief narrative, please explain what success looks like for the project overall, and for any goals stated above. How do you track impact and how do you know you're moving toward it? Relevant information could include some of the following: What kind of data will be measured, and how will it be collected? How will the organization generate referrals, or market the services? How would the proposed project specifically fulfill the elements of the Grossmont Healthcare District's mission?

Narrative Part 5
(response)

Success for the Grossmont Healthcare District Behavioral Health Scholarship Fund will be measured by awarding 15 scholarships to Psychiatric Mental Health Nurse Practitioner (PMHNP) students, ensuring recipients complete clinical placements within the Grossmont Healthcare District, and supporting their transition into behavioral health employment in East County.

Impact will be tracked through scholarship application data, student demographics, and placement site records. Post-graduation, alumni surveys will measure the percentage of recipients who secure behavioral health positions within the District. These outcomes will be reviewed annually by Hahn School of Nursing (HSON) leadership to ensure accountability and continued progress toward stated goals.

Recruitment and outreach will be supported by the Community Ambassador initiative, which promotes scholarship opportunities in diverse communities across San Diego County. Additionally, the HSON admissions team, program directors, program coordinators, faculty, and staff will promote the scholarship when speaking with prospective applicants and current students, encouraging eligible students to apply. Combined with program marketing and partnerships with local health organizations, these efforts will ensure broad awareness and accessibility of the scholarship.

This project directly supports the Grossmont Healthcare District's mission to expand access to quality care and invest in workforce training. By reducing financial barriers, the fund increases opportunities for students from underserved backgrounds, advancing equity in behavioral health. The project also reflects the District's CARES values of collaboration, access, respect, excellence, and stewardship.

Ultimately, success will be defined not only by the scholarships awarded but by the long-term presence of highly trained psychiatric providers serving East County.

Project Budget and
Organization Funding
Sources

Please use the forms below to provide: 1) Project Budget: The project's total budget, including requested GHD funding as well as other funding that is available to support the project 2) All Budget Sources: The organization's total budget for the current fiscal year and all major sources of revenue. For budget preparation purposes, Excel versions of the budget forms are available here: 1) Project Budget, 2) All Budget Sources. Please note that you will need to transfer the information into the forms below, taking care to avoid the use of special characters, and value errors.

Project Budget Form. DO NOT USE SPECIAL CHARACTERS (EX: \$, %, ",")

[GHD Project Budget form 5.15.24.xlsx](#)

All Budget Sources Form. DO NOT USE SPECIAL CHARACTERS (EX: \$, %, ",")

[GHD All Budget Sources form 5.15.24.xlsx](#)

I confirm the information provided above is accurate and there are no #VALUE errors above.

checked

Organization Financials

Does your organization have audited financial statements completed by an independent CPA?

Yes

Complete audited financial statement from most recently completed year

[USD_2024_Audited_Financial_Statements.pdf](#)

Financial Overview

Please enter the following figures, from the most recent set of financial statements (provided above):

Total Assets (from Statement of Financial Position):

1822963000

Current Assets (from Statement of Financial Position):

1060000000

Total Liabilities (from Statement of Financial Position):

373416000

Current Liabilities (from Statement of Financial Position):

64349000

Total Revenue (from Statement of Activities):

419485000

Cash Flow From Operations (from Statement of Cash Flows):

804000

Attestation and Digital Signature

Applicant Name

Laura Truman

I understand entering checked
my name above will
serve as my digital
signature on this
grant application.

You have finished
completing the
application.

Before finalizing and submitting your application, please review all your materials and answers, ensuring that all attachments are correct and up-to-date. You will receive an email confirmation once your application has been successfully submitted, and will be able to review your submission. To ensure you receive communication related to your application, safelist the @submittable.com email address. Please check your email to confirm receipt. If you do not receive a confirmation email, consider the following: Check the junk/spam filters for your email account. Ensure that you have submitted the application and that it is not still saved as a draft. Failure to receive the confirmation email may result in missing other important information. To complete and submit your application, click the "Submit" button below. Please note that once you submit, you will not be able to make changes to your application unless requested and approved by District staff.

Total Grant Amount Requested

75000 -

-

PERSONNEL	Grossmont Healthcare District Project Funding	Other Funding Available for Project	Total Project Budget
Staff (non-management) - List Position	-	-	-
			0
			0
			0
			0
			0
Total Staff Salary and Benefits	0	0	0
Management - List Position(s)	-	-	-
			0
			0
			0
			0
			0
Total Management Salary & Benefits	0	0	0
Consultant Fees	0	0	0
TOTAL PERSONNEL	0	0	0
-	-	-	-
OTHER EXPENSES	Grossmont Healthcare District Funding	Other Funding Available for Project	Total Project Budget
Telephone	0	0	0
Postage	0	0	0
Office Supplies	0	0	0
Equipment	0	0	0
Printing/Duplicating	0	0	0
Information/Materials	0	0	0
Professional Services	0	0	0
Travel	0	0	0
Rent	0	0	0
Utilities	0	0	0
Insurance	0	0	0
Training	0	0	0
Project Food /Packaging Costs	0	0	0
Miscellaneous - List	-	-	-
			0
			0
			0
			0
			0
TOTAL OTHER EXPENSE	0	0	0
TOTAL PROJECT EXPENSES	0	0	0

Grant Request Must Match GHD Total

-

FUNDING SOURCE	Total Organization Budget
Federal	-
State	-
City/County	-
Other Government	-
Proposed GHD	75,000
Fees for Service	-
Nonprofit Organizations	-
Private Donations	-
Other (list below)	
-	75,000