



Name of Grantee: Grossmont Union High School District
Title of Proposed Project: Health Career Pathway Initiative
Requested Amount: \$227,500.00
of Residents Served: 5200
CHNA Category: Other Priority Area

Introduction

The Grossmont Union High School District (GUHSD) is a suburban high school district encompassing 470 square miles in eastern San Diego County. The District currently serves over 18,000 students in grades 9-12 and employs over 2,000 people. Students attend ten comprehensive high schools (Grossmont, El Cajon Valley, Mount Miguel, El Capitan, Granite Hills, Monte Vista, Santana, Valhalla, West Hills, and IDEA Center), two charter high schools (Helix and Steele Canyon), and one continuation school (Chaparral).

Project Highlights

Our project sites, eight GUHSD high schools, West Hills, Santana, El Capitan, Granite Hills, El Cajon Valley, Valhalla, Monte Vista and Mt. Miguel are all within the Grossmont Healthcare District boundaries. Schools have access to the student health pathway opportunities, such as the Health Exploration Summer Internship (HESI), the summer CNA and CMA programs at the Health Occupation Center (HOC), countywide guest speakers, and volunteer opportunities.

Prior Funding

| | |
|----------|------------|
| FY23-24: | 227,500.00 |
| FY22-23: | 227,500.00 |
| FY21-22: | 227,500.00 |
| FY20-21: | 227,500.00 |
| FY19-20: | 227,500.00 |

Prior Sponsorships

| | |
|----------|---|
| FY23-24: | - |
| FY22-23: | - |
| FY21-22: | - |
| FY20-21: | - |
| FY19-20: | - |



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Financial Overview

Cost per Client: \$ 43.75

Total Assets: \$ 1,286,900,956

Current Assets: \$ 356,461,530

Total Liabilities: \$ 1,177,902,242

Current Liabilities: \$ 71,769,093

Current Ratio: 4.97

Total Revenue: \$ 441,107,050

Operating Cash Flow: \$ 2,286,752

Budget Data

Total Organization Budget: \$ 299,655

Total Project Budget: \$ 299,655

GHD % of Project Funding: 76%

Grant Funding Allocation:

Health Pathways Coordinator \$ 199,651

Management \$ -

Consultants \$ -

Equipment \$ 12,000

Food \$ -

Information/Materials \$ -

OTHER

Utilities & Office Exp. \$ -

Professional Services \$ 2,000

Training \$ -

Indirect Costs @ 4.0% \$ 8,750

Textbooks CMA & CNA \$ 3,500

Field Trips \$ 1,599

CNA Medical Supplies \$ -

Total \$ 227,500

Total Organization Funding Sources

| Source | Amount |
|-------------------------|-------------------|
| Federal | \$ - |
| State | \$ - |
| City/County | \$ - |
| Other Government | \$ 72,155 |
| Proposed GHD | \$ 227,500 |
| Fees for Service | \$ - |
| Nonprofit Organizations | \$ - |
| Private Donations | \$ - |
| Other (list below) | \$ - |
| | \$ - |
| | \$ - |
| | \$ - |
| Total | \$ 299,655 |

Title **Grossmont Union High School District** 07/29/2024
id. 47103875
by **Dawn Cuizon** in **Full Grant**
dcuizon@guhsd.net

Original Submission 07/29/2024

Score n/a

Organization Information

Legal Name of Organization Grossmont Union High School District

Address 1100 Murray Dr
El Cajon
CA
92020
US
32.78085
-116.98631

Organization Website www.guhsd.net

Organization Introduction Please provide a brief (2-3 sentence) introduction to the organization, and its primary purpose(s).

Organization Introduction (response): The Grossmont Union High School District (GUHSD) is a suburban high school district encompassing 470 square miles in eastern San Diego County. The District currently serves over 18,000 students in grades 9-12 and employs over 2,000 people. Students attend ten comprehensive high schools (Grossmont, El Cajon Valley, Mount Miguel, El Capitan, Granite Hills, Monte Vista, Santana, Valhalla, West Hills, and IDEA Center), two charter high schools (Helix and Steele Canyon), and one continuation school (Chaparral).

Applicant Information

Name (application point of contact) Dawn Cuizon

Applicant Title Director II, College & Career Readiness

Applicant Phone +16196448094

Are you the agency director? No

| | |
|---|--|
| Name of Agency Director | Mike Fowler |
| Phone of Agency Director | +16196448000 |
| Email of Agency Director | mfowler@guhsd.net |
| Board of Directors | BOD.pdf |
| Nonprofit Bylaws | Blank_Document.pdf |
| Organization Brochure | GUHSD_Health_Pathways.pdf |
| Has the organization received grant or sponsorship funding from the Grossmont Healthcare District within the past five years? | Yes |
| Past GHD awards received | FY 23-24 FY 22-23 FY 21-22 FY 20-21 FY 19-20 |
| Grant funding received in FY 19-20 (enter "0" if not applicable) | 227500.0 |
| Sponsorship funding received in FY 19-20 (enter "0" if not applicable) | 0.0 |
| Grant funding received in FY 20-21 (enter "0" if not applicable) | 227500.0 |
| Sponsorship funding received in FY 20-21 (enter "0" if not applicable) | 0.0 |

Grant funding received in FY 21-22 (enter "0" if not applicable) 227500.0

Sponsorship funding received in FY 21-22 (enter "0" if not applicable) 0.0

Grant funding received in FY 22-23 (enter "0" if not applicable) 227500.0

Sponsorship funding received in FY 22-23 (enter "0" if not applicable) 0.0

Grant funding received in FY 23-24 (enter "0" if not applicable) 227500.0

Sponsorship funding received in FY 23-24 (enter "0" if not applicable) 0.0

Grant Information

Proposed Project Title Health Career Pathway Initiative

Project Highlights Please provide below a concise (2-3 sentence) description of the proposed project.

Project Highlights (response): Our project sites, eight GUHSD high schools, West Hills, Santana, El Capitan, Granite Hills, El Cajon Valley, Valhalla, Monte Vista and Mt. Miguel are all within the Grossmont Healthcare District boundaries. Schools have access to the student health pathway opportunities, such as the Health Exploration Summer Internship (HESI), the summer CNA and CMA programs at the Health Occupation Center (HOC), countywide guest speakers, and volunteer opportunities.

Amount of Funds Requested 227500.0

Number of Unduplicated GHD Residents to be Served 5200.0

Ages of Population to be Served (select all that apply) Adolescent (12-17 years)

Which of GHD's strategic priorities best aligns with your project? (select one) Other Priority Area

Please select one of the health priorities below Workforce Development

Areas of Impact The Grossmont Healthcare District is home to approximately 520,000 residents, and its boundaries cover a large geographic area of 750 square miles that include most cities and towns frequently referred to as "East County," as well as much of the rural Mountain Empire Region. For the purposes of Board governance, it is divided into five zones. Use the image below or visit the Grossmont Healthcare District Interactive map to identify which zone(s) your project will impact.

Which zone(s) of the Grossmont Healthcare District will your project impact?

Zone 1: Santee
Zone 2: Spring Valley, Lemon Grove, Mountain Empire communities (Tecate, Potrero, Campo)
Zone 3: La Mesa
Zone 4: Lakeside, Harbison-Crest, Alpine, Pine Valley, Tribal communities (Barona and Viejas Reservations)
Zone 5: El Cajon, Jamul

Project Narrative

Narrative Part 1 - Problem Statement Please provide a summary description of the issue(s) or challenge(s) that the proposed project seeks to address, and the need for these proposed service(s) within the Grossmont Healthcare District.

Narrative Part 1
(response)

There is a critical shortage of qualified healthcare workers, and a lack of support for students to jumpstart their education and training while in high school. The GUHSD Health Pathway Initiative provides opportunities for students that support career exploration with a focus on health and medical content in science classes. The 2023-24 school year was a success for our 5070 pathway eligible students. GUHSD graduated 523 completers -- our highest number ever. According to our Senior Survey, students felt strongly that the Health Pathways helped them become more aware of careers in the health sector through classroom and/or asynchronous learning, and that they were presented with opportunities for engagement through guest speakers, field trips and volunteer opportunities. Teachers engaged the students in a health-focussed curriculum that exposed students to the breadth and depth of the healthcare sector, by including career exploration and medical skill building. The vast majority of students perceived their biology and physiology classes had a health focus; most students felt that chemistry was health related, but the most work needs to be done in strengthening this curriculum. Finally, the Health Pathway team invested their energy and passion to onboarding students to our summer internship and certification programs. 20 students completed the HESI internship at Sharp Grossmont Hospital; 20 students are currently enrolled in the HOC MA program and 14 in the CNA program.

Narrative Part 2 -
About Your
Organization

Please share the most important information about your organization, and its capabilities to address the problem(s) described above. Relevant information could include some of the following: How will your organization's history and experience make this project successful? Current programs and recent accomplishments or achievements Recent major changes to financial and/or organizational circumstances

Narrative Part 2
(response)

Since 2020, the GUHSD has seen a 180% increase in Pathway completion. Furthermore, our completion rate has increased steadily every year since. From less than 50 completers in 2019, to more than 500 in 2024, the program is robust and increasing its reach to more and more students. Our current programs and recent accomplishments include: Summer CNA and CMA program at the Health Occupation Center (HOC); HESI program at Sharp Grossmont Hospital; Career and Technical Education (CTE) Patient Care Pathway for El Cajon Valley; Opportunity slide deck, updated weekly, with East County volunteer opportunities/internships provided by our community partners; Health pathway enrichment course work via Imagine Learning; Youth Health and Wellness Fairs at elementary schools, aka "Hometown Healthcare"; Eric Paredes Save-a-Life Foundation's Smart Hearts classroom curriculum with mini-certifications; Beanies for Preemie club meets at GHD library; Career Panel Presentations with GHD; CPR training of over 180 students; UCSD TREF Stop the Bleed Training; Donate Life San Diego organ and tissue donation awareness training.

Narrative Part 3 - About the Community Served Please share information about the community that will be served through this project. Relevant information could include some of the following: The primary community opportunity, challenge, issue or need that your organization works to address Information about the people you serve such as socioeconomic status, race, ethnicity, gender, sexual orientation, age, physical ability, and language Details about how you work with other organizations, coalitions, or networks that serve the same community, or provide similar services Details about how you listen to/involve constituents, community members, and/or volunteers

Narrative Part 3 (response) The GUHSD Health Pathways work to address the healthcare workforce shortage in East San Diego County. This is accomplished through career-oriented classroom activities and research, as well as off-campus opportunities to engage with the healthcare sector and health-related college and career readiness opportunities. For instance, students attended health and STEM related field trips to STEM Day at San Diego State University, Doc For a Day at the University of California San Diego, and Fleet Week in downtown San Diego. Furthermore, students are encouraged to apply for our summer internship, to give them real-world experiences in the hospital environment. A total of 20 students completed this internship in the summer of the 2023-24 school year. Students may also apply for one of two certification programs at the Health Occupations Center, which -- upon successful completion of course requirements -- will make them immediately employable in the healthcare sector. A total of 34 students are currently enrolled in these programs.

GUHSD serves over 18,000 students district-wide. The GUHSD Health Pathway student demographics over 8 high schools reflect a diverse range of backgrounds. We plan to collect this data moving forward as to ensure that we are meeting the needs of all students through equitable access and practices.

The GHD HCPI will continue to collaborate with the statewide Health Workforce Initiative (HWI), the SDCOE CTE department, LiveWell San Diego - East Region, and the regional Health and Science Pipeline Initiative (HASPI) through The Foundation for Grossmont and Cuyamaca Colleges. We will continue to collaborate to keep current with curriculum, professional development, and work-based learning opportunities for our students and teachers.

The GHD HCPI works with other GHD grantees, Sharp Grossmont Hospital, CDC, Health & Human Services, Live Well San Diego, HASPI, Grossmont & Cuyamaca College, UCSD Trauma Research and Education Foundation, SDSU STEM, HOC, as well as the SDCOE to provide support for the health pathway programs throughout the County. The lead health pathway coordinator and health pathway instructors also collaborate with the Health Workforce Initiative that provides support for health pathway programs throughout the state of California.

Narrative Part 4 -
About Your Project

Please explain the project. It is not necessary to restate information answered above. Relevant information could include some of the following: What you plan to do (activities) and anticipated timeframe Why you plan to do it (opportunity, challenge, issue or need) Who will be impacted (target population, including age, gender, ethnicity, other relevant characteristics) Whether the proposed project is a new service or an established service or program that will be expanded to GHD residents

Narrative Part 4
(response)

Our goal addresses the need for more healthcare workers in the region and the need to increase employment and retention rates in the industry. While this program is not focused on direct patient services to East County residents, it is an effort to meet the future healthcare needs of our community. By increasing awareness and preparing students for a variety of healthcare career opportunities, the void will be filled. Our current health pathway students will contribute to local healthcare services by volunteering in hospitals and at community health events, in an effort to promote health and wellness for students, thus supporting the GHD mission and goals.

1. Our main goal is to increase the local pool of healthcare workers, which is a leading indicator of Health Pathway success. To measure our success rate, we will survey the GUHSD health pathway alumni for at least five years after graduation. The educational and career paths of our graduates will be documented and the findings will be included in the Quarter 4 Report as of 2025. We anticipate that at least 50% of our survey respondents will either be pursuing and/or working in the healthcare sector.
2. Another goal is to support all sites with medically relevant curriculum that bridges science content with health and medicine using medical storylines. This year 72% of respondents in Biology, 33% in Chemistry and Anatomy and 95% in Physiology classes reported their coursework was medically related. We will make inroads to improve these results for the 2024-25 school year, by striving for 75% or more of surveyed students reporting coursework was "medically relevant".
3. Hold Health Pathway collaboration days for pathway Site Coordinators and offer release time for Health Pathway teachers to attend a professional development health education collaboration. Site coordinators will attend bi-annual meetings and be updated regarding healthcare labor market data that can be shared with their students. This year, the vast majority of teachers attended either a professional development in Community Health Biology and/or Physiology (these were Health Pathway sponsored events). Many Health Pathway teachers, as well as the Health Pathway Coordinator, also attended the CA Science Educators Conference in Palm Springs. Our goal is to increase our professional development participation to include at least 50% of our Health Pathway teachers attending at least one professional level training (district or non-district sponsored).
4. Provide Medical Terminology and Public Health online (asynchronous) classes to at least 20 students. As of the latest completion data, 16 students completed Medical Terminology and Public Health 1 in the 2023-24 school year. While student participation in this program is voluntary, our goal is still to increase their participation rate in the 2024-25 school year.

5. At least 15 East County students will complete the HESI program. This year 20 high school student interns and two Health Pathway college alumni participated in the HESI summer in 2024. We strive to maintain that number in 2025.
6. At least 20 students per program will complete either a CNA or CMA certification. This year 15 CNA students (because we were limited to one HOC teacher) and 20 CMA students are currently enrolled. Our goal is to enroll 30 students in the CNA program and 22 in the CMA program in 2025.
7. At least 120 students will become CPR certified by the end of the 2024 school year. This past year, approximately 220 students became BLS certified. Our goal is to certify more than 250 students in the 2024-25 school year.
8. At least 25% of Health Pathway students will participate in a non-curricular event (field trip, guest speaker, job shadow, internship). Although many such events took place in 2023-24, this data was not tracked. Our goal is to monitor this data in the next school year.

| | |
|--------------------------------------|---|
| Measurable Project Goals | In addition to the number of unduplicated GHD residents to be served, please briefly describe below 2-3 measurable goals that the project aims to achieve. If awarded, you will be asked to provide quarterly updates on your progress toward these goals, so please be sure that they are specific, measurable, and achievable within the project timeframe. |
| Project Goal #1 | The program goal of the GHD HCPI is to improve the quantity and quality of the regional healthcare workforce through recruitment for students enrolled at participating high schools. |
| Project Goal #2 | The program goal of the GHD HCPI is to improve the quantity and quality of the regional healthcare workforce through industry exposure for students enrolled at participating high schools. |
| Project Goal #3 | The program goal of the GHD HCPI is to improve the quantity and quality of the regional healthcare workforce through rigorous and relevant academic preparation for students enrolled at participating high schools. |
| Narrative Part 5 - About Your Impact | In a brief narrative, please explain what success looks like for the project overall, and for any goals stated above. How do you track impact and how do you know you're moving toward it? Relevant information could include some of the following: What kind of data will be measured, and how will it be collected? How will the organization generate referrals, or market the services? How would the proposed project specifically fulfill the elements of the Grossmont Healthcare District's mission? |

Narrative Part 5
(response)

We will collect alumni data (graduation, postsecondary, and career data) as well as Health Pathway completer data and will measure this longitudinal data for five years from high school graduation. The effectiveness of the GHD HCPI will be assessed quarterly by collecting completion rate data for all student programs. This data will be summarized by the year's end and further analyzed for quality control with feedback from student, teacher, and alumni surveys. The results will be shared with all stakeholders and used to inform and guide future programs.

We will generate referrals through various points of contact, including:

- Counselors one on one meetings
- Pathway teachers doing class visitors to underclassmen
- Students advertising medical club via posters and announcements

The GUHSD Health Career Pathways promote the development of a qualified healthcare workforce by focusing on academic rigor in a three-year science sequence, health career projects, community activities, guest speakers, health/medical related field trips, collaboration with Sharp Grossmont Hospital for the HESI summer internship and programs, certifications for Basic Life Support (BLS), and certification programs for both CMA and CNA. This directly addresses the GHD mission statement by "anticipating and recognizing unmet health care needs of the communities we serve and supporting suitable services to the greatest extent possible with available resources."

Project Budget and
Organization Funding
Sources

Please use the forms below to provide: 1) Project Budget: The project's total budget, including requested GHD funding as well as other funding that is available to support the project 2) All Budget Sources: The organization's total budget for the current fiscal year and all major sources of revenue. For budget preparation purposes, Excel versions of the budget forms are available here: 1) Project Budget, 2) All Budget Sources. Please note that you will need to transfer the information into the forms below, taking care to avoid the use of special characters, and value errors.

Project Budget Form. DO NOT USE SPECIAL CHARACTERS (EX: \$, %, ",")

[GHD Project Budget form 5.15.24.xlsx](#)

All Budget Sources Form. DO NOT USE SPECIAL CHARACTERS (EX: \$, %, ",")

[GHD All Budget Sources form 5.15.24.xlsx](#)

I confirm the
information provided
above is accurate
and there are no
#VALUE errors
above.

checked

Organization Financials

Does your organization have audited financial statements completed by an independent CPA? No

Most recent financial statements

[GUHSD_Audit_Report_2022-23.pdf](#)

Financial Overview Please enter the following figures, from the most recent set of financial statements (provided above):

Total Assets (from Statement of Financial Position): 0.0

Current Assets (from Statement of Financial Position): 0.0

Total Liabilities (from Statement of Financial Position): 0.0

Current Liabilities (from Statement of Financial Position): 0.0

Total Revenue (from Statement of Activities): 0.0

Cash Flow From Operations (from Statement of Cash Flows): 0.0

Attestation and Digital Signature

Applicant Name Dawn Cuizon

I understand entering my name above will serve as my digital signature on this grant application. checked

You have finished completing the application.

Before finalizing and submitting your application, please review all your materials and answers, ensuring that all attachments are correct and up-to-date. You will receive an email confirmation once your application has been successfully submitted, and will be able to review your submission. To ensure you receive communication related to your application, safelist the @submittable.com email address. Please check your email to confirm receipt. If you do not receive a confirmation email, consider the following: Check the junk/spam filters for your email account. Ensure that you have submitted the application and that it is not still saved as a draft. Failure to receive the confirmation email may result in missing other important information. To complete and submit your application, click the "Submit" button below. Please note that once you submit, you will not be able to make changes to your application unless requested and approved by District staff.

Total Grant Amount Requested

| PERSONNEL | Grossmont Healthcare District Project Funding | Other Funding Available for Project | Total Project Budget |
|---|--|--|-----------------------------|
| Staff (non-management) - List Position | - | - | - |
| GUHSD Health Pathway Coordinator | 170404 | | 170404 |
| CNA Instructors | | 14945.82 | 14945.82 |
| CMA Instructors | 9507.94 | | 9507.94 |
| HESI Lead Instructor | 16736.24 | | 16736.24 |
| Professional Development Pay | 3002.51 | 21819 | 24821.51 |
| Total Staff Salary and Benefits | 199650.69 | 36764.82 | 236415.51 |
| Management - List Position(s) | - | - | - |
| | | | 0 |
| | | | 0 |
| | | | 0 |
| | | | 0 |
| | | | 0 |
| Total Management Salary & Benefits | 0 | 0 | 0 |
| Consultant Fees | | | 0 |
| TOTAL PERSONNEL | 199650.69 | 36764.82 | 236415.51 |
| - | - | - | - |
| OTHER EXPENSES | Grossmont Healthcare District Funding | Other Funding Available for Project | Total Project Budget |
| Telephone | | | 0 |
| Postage | | | 0 |
| Office Supplies | | | 0 |
| Equipment | 12000 | 16192.34 | 28192.34 |
| Printing/Duplicating | | | 0 |
| Information/Materials | | | 0 |
| Professional Services | 2000 | 3000 | 5000 |
| Travel | | | 0 |
| Rent | | | 0 |
| Utilities | | | 0 |
| Insurance | | | 0 |
| Training | | | 0 |
| Project Food /Packaging Costs | | | 0 |
| Miscellaneous - List | - | - | - |
| Indirect Costs @ 4.0% | 8750 | | 8750 |
| Textbooks CMA & CNA | 3500 | 2500 | 6000 |
| Field Trips | 1599.31 | 6698 | 8297.31 |
| CNA Medical Supplies | | 5000 | 5000 |
| CNA and CMA Livescan | | 2000 | 2000 |
| TOTAL OTHER EXPENSE | 27849.31 | 35390.34 | 63239.65 |
| TOTAL PROJECT EXPENSES | 227500 | 72155.16 | 299655.16 |

Grant Request Must Match GHD Total

| FUNDING SOURCE | Total Organization Budget |
|-------------------------|----------------------------------|
| Federal | |
| State | |
| City/County | |
| Other Government | 72,155 |
| Proposed GHD | 227,500 |
| Fees for Service | |
| Nonprofit Organizations | |
| Private Donations | |
| Other (list below) | |
| | |
| | |
| | |
| - | 299,655 |