FY 2022-23
Grant Application Package
(For July 1, 2022 - June 30, 2023 Submissions)

Grant request $25,000 or less

A simplified grant application procedure is available to those applicants seeking grants of $25,000 or less.

Simplified requests may be submitted using only:

1. The “Cover Page” (pg. 10);
2. The “Project Budget Form” (pg. 13); and
3. The “All Budget Sources Form” (pg. 14)

Requesting more than $25,000

The grant application procedure is for those seeking more than $25,000.

Requests should be submitted using:

1. The “Cover Page” (pg. 10);
2. The “Grant Application Checklist” (pgs. 11-12);
3. Written material and budget forms (detailed on pgs. 7-9):
   - Grant Application Summary
   - Agency Capability
   - Problem Statement/Needs Assessment
   - Program Services and Performance Plan
   - Budget Forms
   - Attachments

All grant applications may be mailed, delivered or sent electronically.

Email to:
info@grossmonthealthcare.org

Mail or Deliver to:
Grossmont Healthcare District
Attn: Randi Baker
9001 Wakarusa Street
La Mesa, CA 91942
BACKGROUND INFORMATION

Grossmont Healthcare District (GHD) is a government entity under the Local Health Care District Law (Statutes 1945, Chapter 932; Health and Safety Code, Division 23, Sections 32000 et seq., of the State of California). The District serves the residents of eastern San Diego County.

In 1952, the residents of eastern San Diego County voted to establish, build and operate Grossmont Hospital. Since 1991, the medical center has been leased to Sharp HealthCare. Grossmont Healthcare District uses property tax revenues to fund health related programs serving the residents of eastern San Diego County.

The current mission statement of the District is as follows.

MISSION STATEMENT

AS STEWARDS OF THE PUBLIC TRUST, YOUR GROSSMONT HEALTHCARE DISTRICT WILL PRESERVE AND PROTECT THOSE RESOURCES ENTRUSTED TO ITS CARE.

To maintain and improve the physical and behavioral health of its constituents, we will:

- Partner with our hospital operator, Sharp HealthCare, to ensure access to state-of-the-art medical services at Grossmont Hospital for all of the residents of Grossmont Healthcare District and beyond.

- Anticipate and recognize the unmet health care needs of the communities we serve and support suitable services to the greatest extent possible consistent with available resources.
GUIDELINES

Please read the separate Grants Policy document for FY 2022-23 prior to completing this grant application.

The District addresses its mission by awarding grants for the delivery of specific health-related services. The following guidelines will give prospective applicants a comprehensive picture of the District's funding priorities.

A. Programs Funded

The District funds programs that provide:

- Health Education and Prevention
- Health Promotion
- Health Maintenance
- Health Care Services
- Health Facilities and Equipment
- Collaborative Efforts
- Efforts to develop and test new approaches to solving problems within the health field

"Health" includes both physical and mental health.

B. Population Served

As a public agency, Grossmont Healthcare District (GHD) grant funds must serve only GHD residents (residents of eastern San Diego County). Maps of the District are available at the offices of the Registrar of Voters, the Local Agency Formation Commission (LAFCO), or the District office.

C. Term of Funding

Grants are valid for a maximum of twelve months. An extension of the grant period requires approval of a grant extension or a separate grant. Organizations are cautioned to conduct their programs and activities with the assumption that the program will end on the scheduled completion date.

Grant applicants considered financially strong based on significant levels of private and/or other government funding may be deemed ineligible for consideration of District funding. As part of the grant application, organizations are required to include such funding sources on the provided “All Budget Sources” form.
D. Applicant Eligibility

To be eligible for consideration, the applicant must meet the following requirements:

1. The agency must be an incorporated nonprofit organization with a tax-exempt status under State law and the Internal Revenue Code; or be a public/governmental agency, program or institution.

2. The agency must demonstrate the ability to provide proposed services. Greater consideration will be given to agencies with experience in providing health-related services.

3. The agency does not need to be located within the GHD, but it must document that services are/will be provided within the GHD service areas as defined by ZIP Code.

E. Funding Levels

A total of $2,520,000 is available, as indicated in the District’s approved Grants Policy for the fiscal year. The Board reserves the right to periodically increase or decrease the total funding of the program. This funding level will be redetermined annually.

F. Funding Priorities

As indicated in the Grants Policy, Aging Concerns, Behavioral (including Mental Health and Substance Abuse), Cancer, and Chronic Conditions, including a) Cardiovascular Disease, b) Diabetes (Type 2), and c) Obesity have been identified as Community Health Needs for the San Diego East Region population, verified by assessments conducted by the County of San Diego, the Hospital Association of San Diego and Imperial Counties, and/or Sharp HealthCare in conjunction with the District. Therefore, added weight may be considered for grant requests that meet those needs when considering grant distribution.

Note: To be eligible for consideration as a grant in one or more of the Community Health Needs categories noted above, the applicant must demonstrate that the program’s focus is directly on that need. Programs that assist a broader group, with only some of the individuals falling into the category, do not qualify for this consideration.

GHD seeks grant requests that emphasize the following characteristics:

- Efforts to make health care more accessible and affordable, especially to underserved residents, while supplementing “safety net” programs
- Delivery of health-related services to high-risk/special needs populations
- Efforts to promote the health and well-being of all District residents
- Efforts to address unmet healthcare service needs in the community
- Efforts to increase coordination and collaboration of services; see examples on page four of Grants Policy
• Organizations that demonstrate a realistic potential to sustain projects on a continuing basis after the expiration of GHD funding
• The training and education of the future health care workforce

Applicants are encouraged, where appropriate, to include:

• Matching funds
• In-kind services
• Client fees
• Other funding sources
• Agency partnerships

**G. Ineligible for Funding**

GHD will not fund:

• Activities in direct competition with those provided or contemplated by Grossmont Hospital, or services adequately provided by entrepreneurial or for-profit enterprises in the private sector
• Endowments, with the exception of those that may be established by Sharp Grossmont Hospital or the Grossmont Hospital Foundation
• Expenses related to fundraising or lobbying of public officials
• Organizations intending to "pass-through" or re-grant GHD funds to other organizations, unless acting as an authorized fiscal agent as indicated in the Grants Policy
• Basic research, defined herein as the pursuit of knowledge without practical program or human applications
• Sectarian purposes
• Political purposes
• Individuals (except for GHD-established and/or supported healthcare scholarship programs)
• Projects for which adequate funding is available from other resources
• Projects capable of sustaining themselves through fee collection or client donations
• Deficit liquidation proposals and/or bankruptcies
• Indirect costs in support of grant purposes are allowable, but in no case shall exceed four percent (4%) of the grant total
• Replacement funds so that a project's current funding can be shifted to other programs of the applicant
H. **Review Process**

During the review process of the grant applications, GHD may require additional information from applicants. This information may include oral or written clarification of a grant request and/or site visits. Final funding decisions will be made by the entire GHD Board at a regular public meeting.

The Board may, at its sole discretion, offer a grant greater or lesser than the requested amount.

I. **Grant Monitoring**

In accepting a grant, the recipient agrees to periodic monitoring and/or auditing of the grant program by District staff members and/or a consultant.

**NOTE:** Any grant recipient not meeting the monitoring requirements as identified and/or agreed to with District staff and/or consultant, including the timely submittal of programmatic reports, will not be eligible for funding in subsequent years or for the payment of open balances during the current funding cycle. Future years’ funding may be, at the Board’s discretion, contingent on a measure of quantifiable and/or qualifiable outcomes resulting from the program, including but not limited to a measure of the positive health impact in the community.

J. **Information and Inquiries**

Please direct needed questions to the Grossmont Healthcare District at (619) 825-5050 or info@grossmonthealthcare.org in advance of completing these materials.

Aside from general questions and phone calls seeking clarity, Grossmont Healthcare District Board Members, CEO and staff cannot schedule individual meetings with potential grant applicants outside of the established Grants Committee process. The District may provide technical assistance to grant applicants, upon request, by grant program staff.
GRANT APPLICATION

The following section contains instructions for completing a grant application. The application and all forms must be typewritten or computer-generated. The narrative pages must be single-sided, 8-1/2" x 11" white paper. Text may be single or double-spaced, but no smaller than 12-point standard type (such as Times Roman), with one-inch margins on all sides. Each page must be numbered.

Please limit the response to subsection C (Grant Application Summary) to one (1) page. Limit the responses for subsections D (Agency Capability), E (Problem Statement), and F (Program Services and Performance Plan) to a total of five (5) single spaced pages. Please clearly identify all sections with subheadings or by referencing section numbers.

A. Cover Page (Use form attached)

B. Grant Application Checklist (Use form attached)

C. Grant Application Summary

   Please include proposed services, project site(s), target population(s), number of GHD residents to be served, community needs to be addressed, etc.

D. Agency Capability (Please Describe Briefly)

   1. Your organization's history and accomplishments.

   2. Your experience in the provision of services to the target population identified in your grant application.

   3. What are the current activities and/or programs operated by your organization? An agency brochure may be attached.

   4. List and describe cooperative and collaborative linkages with other organizations that enhance your ability to provide services.

   5. Is the proposed program a new service that the agency will provide? Is this an established program that will be expanded to GHD residents?

   6. Note any organizations or programs in the community that provide similar services, as well as whether you’ve taken any steps to collaborate with them.

E. Problem Statement / Needs Assessment

   If this grant application is being submitted for funding with a focus on a “Community Health Need” (as described on page four (4) above), which will assist in addressing one or more of the identified categories, please specifically discuss how the program is proposed to address such needs.
Please discuss the need for the proposed service(s) in the GHD. Discuss how the service is health-related and not a duplication of existing services. Include quantitative and qualitative data documenting the unmet health needs.

F. Program Services and Performance Plan

1. What are the program goals and how do these goals specifically address the identified health need(s)?

2. What are the measurable objectives related to each goal? List specific outcomes and include timelines.

3. What kind of data will be measured and how will that data be collected?

4. How will the effectiveness of the program be assessed? How is quality controlled and monitored? Be specific.

5. How will the proposed program specifically fulfill the elements of the GHD mission statement? See page two (2) for Mission Statement.

6. How will participants obtain services? Describe the accessibility of the program site(s).

7. How will your agency generate referrals to the proposed program? How will services be marketed to participants?

8. What is the justification for any proposed equipment (if applicable)?

9. For those proposals that desire to be considered on such a basis, how does the proposal demonstrate a collaboration of like providers of service? (See the Grants Policy for specifics and examples.)

G. Budget

1. Project Budget Form is attached. (Required for all applicants.)

2. All Budget Sources Form is attached. (Required for all applicants.)

H. Submission of Grant Application and Attachments

Submit one (1) signed original including the following attachments. (Note: Attachments not required of Public Agencies.)

1. Articles of Incorporation*
2. Bylaws*
3. Most recent Audited Financial Statement (if needed under California minimum audit requirements)
4. If not required under #3 above, most recent Reviewed Financial Statement by Independent CPA (contact GHD about the potential of including related costs in Grant Request)
5. IRS Tax Exemption Letter *
6. Board of Directors List

* Not required if current version was submitted to the Grossmont Healthcare District in the last five years (Items 1, 2 and 5 only).

Email to: info@grossmonthealthcare.org

Mail or Deliver to:
Grossmont Healthcare District
9001 Wakarusa Street
La Mesa, CA 91942
GRANT APPLICATION COVER PAGE
(For July 1, 2022 - June 30, 2023 Submissions)

☐ Simplified Grant Application ☐ Grant Application

Legal Name of Organization: ____________________________________________

Agency Director: ______________________________________________________

Address: ______________________________________________________________

Phone (& Extension): ______________________ E-Mail Address: ________________

Proposed Project Title: _________________________________________________

Agency Contact Person: _________________________________________________

Phone (& Extension): ______________________ E-Mail Address: ________________

Amount of Funds Requested: ____________________________________________

Number of Unduplicated GHD Residents to be Served: ______________________

Ages of Population to be Served: _________________________________________

Using the description of a Community Health Need on page four (4) above, this program will assist in addressing the following (check only if applicable):

☐ Aging Concerns ☐ Chronic Conditions

☐ Behavioral, including Mental Health and Substance Abuse

☐ Cardiovascular Disease

☐ Cancer

☐ Diabetes (Type 2)

☐ Obesity

Brief Program Description: (Use only the space provided below)

I (we) certify that all information included in this application is complete and accurate.

___________________________________     ___________________________  __________
Signature of person authorized by agency to sign        Printed name and title        Date

___________________________________     ___________________________  __________
Signature of person authorized by agency to sign       Printed name and title        Date
GRANT APPLICATION CHECKLIST (1 of 2)

Please use this checklist to ensure you have included all items in your grant application and provide the completed checklist with your application.

Check the following only if applicable:

☐ This application is being submitted as one addressing a “Community Health Need” (as described on page four (4) above), as the program will assist in addressing one or more identified community needs included in Health Needs Assessments for the San Diego East Region population. This program is proposed to address the following needs. A description of how the program is proposed to address such needs is included in the “Problem Statement/Needs Assessment” section of the application (check all of those that apply):

☐ Aging Concerns
☐ Behavioral, including Mental Health and Substance Abuse
☐ Cancer
☐ Chronic Conditions
☐ Cardiovascular Disease
☐ Diabetes (Type 2)
☐ Obesity

We have included one (1) each of the following:

☐ Grant Application Cover Page (with signatures)
☐ Grant Application Summary
☐ Agency Capability
☐ Problem Statement/Needs Assessment
☐ Program Services and Performance Plan
☐ Project Budget Form
☐ All Budget Sources Form (Required only if you are requesting more than $25,000 or have an overall operating budget of $500,000 or more.)

We have included one (1) each of the following (Not required of Public Agencies):

☐ Articles of Incorporation *
☐ Bylaws *
☐ Most recent Audited Financial Statement, or:
☐ Most recent Reviewed Financial Statement by Independent CPA
☐ Copy of IRS Exemption Letter *
☐ Board of Directors List
☐ This Grant Application Checklist

* Not required if current version was submitted to the Grossmont Healthcare District in the last five years.
Please note the following:

☐ If applicable, we have previously submitted all required grant monitoring reports for any previously awarded Grossmont Healthcare District grant(s).

☐ We understand that award of this grant request in no way establishes an entitlement for future financial assistance. We further understand that past funding does not guarantee funding for this grant request.
### PROJECT BUDGET FORM

**Agency Name:** __________________________________________________________

<table>
<thead>
<tr>
<th>Personnel</th>
<th>Grossmont Healthcare District Funding</th>
<th>Other Funding Available to Project</th>
<th>Total Project Budget</th>
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<tbody>
<tr>
<td>Salaries – List Position(s)</td>
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<td>Payroll Taxes and Benefits</td>
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<td>Consultant Fees</td>
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<td><strong>TOTAL PERSONNEL</strong></td>
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<tr>
<th>Other Expenses</th>
<th>Grossmont Healthcare District Funding</th>
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<td>Postage</td>
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<td>Office Supplies</td>
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<td>Equipment</td>
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<td>Printing/Duplicating</td>
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<td>Information/Materials</td>
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<td>Travel</td>
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<td>Professional Services</td>
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<td>Rent</td>
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<td>Utilities</td>
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<td>Miscellaneous - List</td>
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<td><strong>TOTAL OTHER</strong></td>
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**TOTAL GRANT EXPENSES**
**ALL BUDGET SOURCES**

Agency Name: __________________________________________________________

Per the adopted Grants Policy, organizations requesting **more than $25,000 or having overall operating budgets of $500,000 or more** are required to include such funding sources on the following form.

The following information is necessary to provide the Grossmont Healthcare District with a better understanding of the applicant and program financial resources.

Total Organization Budget Current Fiscal Year:

Total Requested Project Budget (if different from Organization Budget):

<table>
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<tr>
<th>Source of Funds</th>
<th>$ Amount</th>
<th>Percent of Total</th>
<th>One-Time Funding?</th>
<th>$ Amount</th>
<th>Percent of Total</th>
<th>One-Time Funding?</th>
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<td>Other Govt.</td>
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<td>Proposed GHD</td>
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<td>Other (list)</td>
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**TOTAL**

Percentage of the Organization’s budget spent on administration:

Percentage of the requested Project budget spent on administration:

* **City/County**

If the organization currently receives funding from any Cities or Counties, please list jurisdiction, contract amount and contact information.

<table>
<thead>
<tr>
<th>Jurisdiction</th>
<th>Level of Funding ($)</th>
<th>Contact Name</th>
<th>Contact Phone</th>
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June 2022