



Grossmont
Healthcare
District

Annual Report 2019



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Letter from the CEO

On behalf of Grossmont Healthcare District (GHD), it is my pleasure to present our Annual Report to the Community. As a public agency supporting health-related programs and services in East San Diego County, our impact is focused on assisting our residents in having access to the health care they need.

In the past year, the District Board of Directors continued its support of Sharp Grossmont Hospital with a grant toward achieving designation as a Comprehensive Stroke Center. This designation is a commitment to providing the highest level of stroke care for the residents of East San Diego County, equipping our area's only public hospital with the ability to treat the most complex cases. I am delighted to say that, with the foresight and leadership of the Hospital team, this designation was granted in March 2020.

While we have exceptional operational support at the hospital through Sharp HealthCare, not all our community's health care needs are met under that roof. In the last completed fiscal year, GHD awarded more than \$2.4 million to local clinics, community health organizations and education partners serving tens of thousands of residents throughout our 750-square mile district. We also offered \$197,000 in scholarships to local health students to foster workforce development in the health care field.

This report also looks back on a year of collaboration with local clinics and nonprofits to provide outreach and education services to hundreds of community members through annual public events and through programming and information at the Herrick Community Health Care Library.

What sets us apart as a healthcare district are our partnerships with Sharp Grossmont Hospital, our local health organizations, and our residents. We are grateful for your support and invite you to look back on our year of successes together.



Barry Jantz | CEO, Grossmont Healthcare District

Your Healthcare District at a Glance

District Mission

As stewards of the public trust, your Grossmont Healthcare District will preserve and protect those resources entrusted to its care.

To maintain and improve the physical and behavioral health of its constituents, we will:

- Partner with our hospital operator, Sharp HealthCare, to ensure access to state-of-the-art medical services at Grossmont Hospital for all of the residents of Grossmont Healthcare District and beyond.
- Anticipate and recognize the unmet health care needs of the communities we serve and support suitable services to the greatest extent possible consistent with available resources.

District Hospital

Opened in 1955, operated by the Grossmont Healthcare District until 1991, when it was leased to Sharp HealthCare. This lease was extended with the support of East San Diego County voters through 2051.



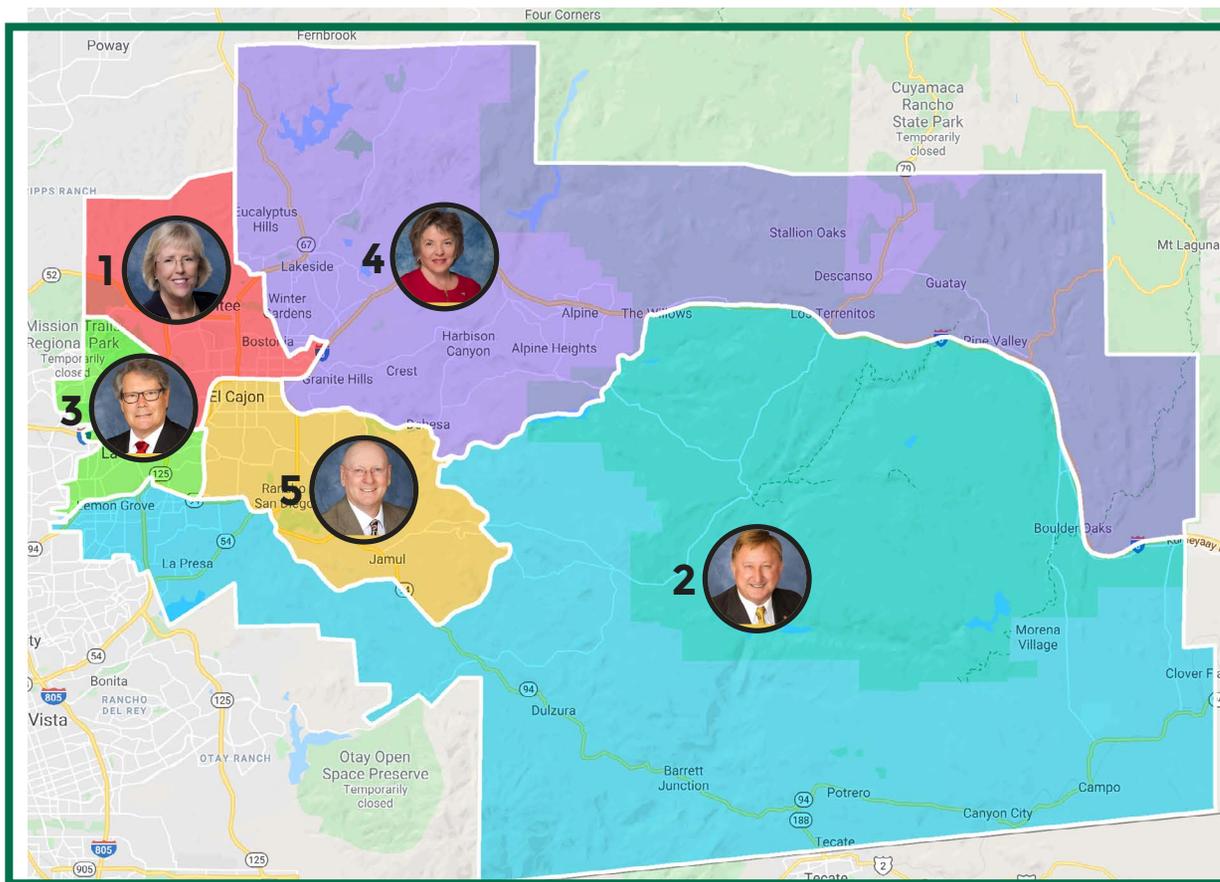
Hospital Beds
524

Behavioral Health Services, David and Donna Long Center for Cancer Treatment, Emergency and Critical Care Center, Grossmont Plaza, Surgery Center, Heart & Vascular Services, Hospice, Hyperbaric, Oxygen Therapy, Massage and Healing Touch Therapies, Orthopedic Services, Outpatient Imaging Center, Palliative Care Services, Pre-Admissions Evaluation Services, Rehabilitation Services, Robotic Surgery (da Vinci Surgical System), Senior Services, Sleep Disorders Center, Spiritual Care Services, Stroke Center, Women's Health Center



District Map and Board of Directors

In 2019, GHD transitioned to zone-based elections. Each of the five members of the GHD Board of Directors are elected by voters in the zone they represent.



Zone 1 **Virginia Hall, RN**
 Zone 2 **Randy Lenac**
 Zone 3 **Michael Emerson, RDO, FNAO**

Zone 4 **Gloria Chadwick, RN**
 Zone 5 **Robert "Bob" Ayres**

District Demographics


 Service Area
750 Sq. Miles



Total Population
487,572

Zone 1 **100,370**

Zone 2 **96,440**

Zone 3 **96,676**

Zone 4 **96,230**

Zone 5 **97,856**



Age Breakdown

0-4 **6.5%**
 5-14 **12.7%**
 15-24 **13.1%**
 25-44 **27.2%**
 45-64 **26.5%**
 65+ **14%**



Ethnicities

White **56.9%**
 Hispanic **27.8%**
 Black **5.6%**
 API **5%**
 AIAN* **.6%**
 Other* **4.2%**

*API: Asian/Pacific Islander *AIAN: American Indian/Alaska Native
 *Other: Includes those of two or more races, or other.

Community Health Benefit

Sharp Grossmont Hospital - Comprehensive Stroke Center Designation

In early 2019, the GHD board allocated \$4 million to Sharp Grossmont Hospital to provide resources for the hospital's efforts to be designated as a Comprehensive Stroke Center.

With completion of the Burr Heart & Vascular Center in 2018, the hospital's next tier of compliance in achieving high-level, multi-disciplined, stroke-related standards was to achieve designation as a CSC. The designation is determined by two entities, including The Joint Commission, the nation's largest standards-setting and accrediting body in the U.S., and the American Heart Association (AHA) and American Stroke Association, an AHA affiliate division. The advanced certification is awarded for a two-year period.

Certain standards, competencies and metrics in prevention, treatment and medical staff education, along with a rigorous onsite review, are part of earning the designation, which the Hospital successfully achieved in March 2020.

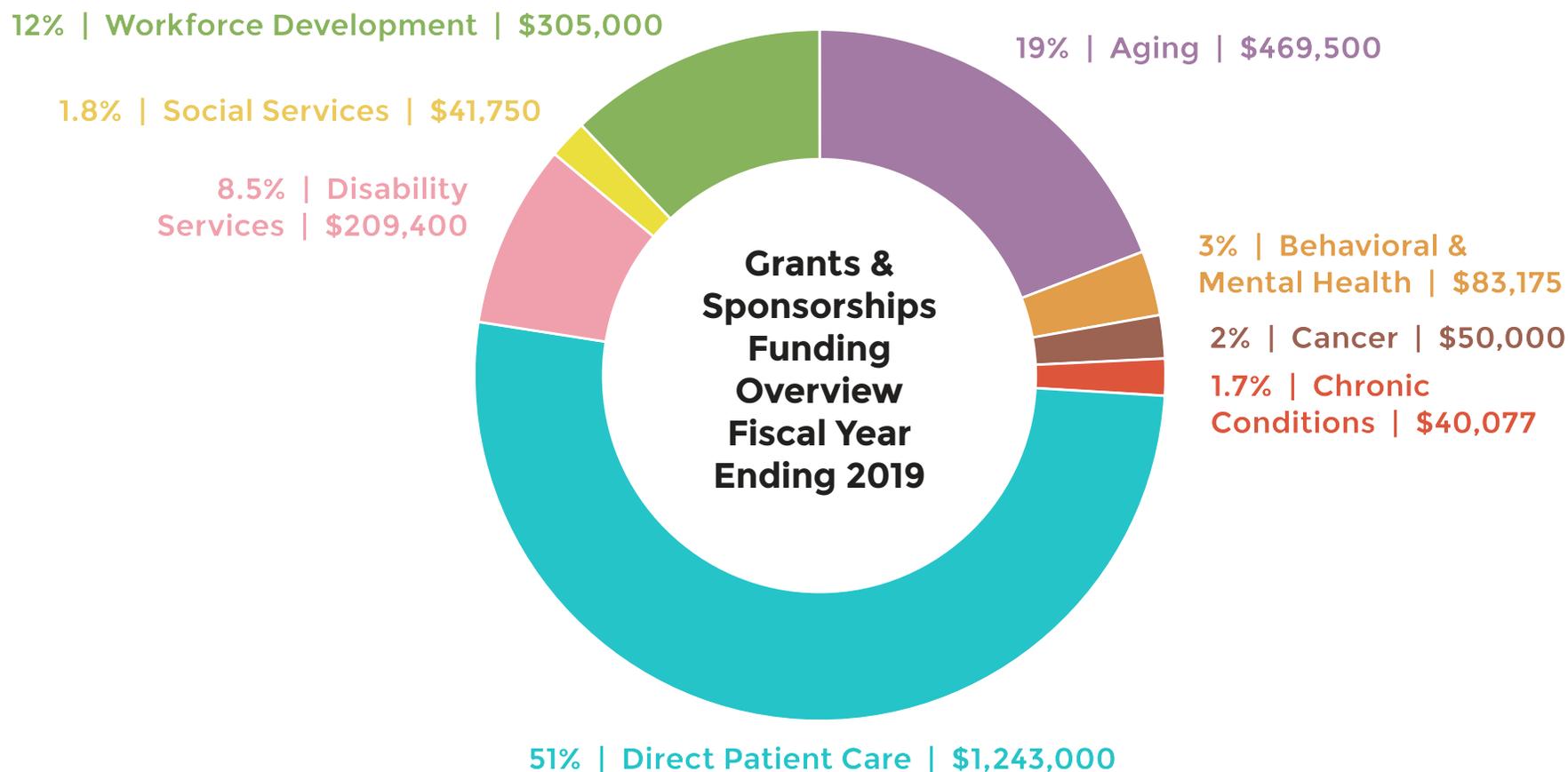


“ Achieving such designation demonstrates the greatest level of commitment to the East County community by providing a stroke program with solid infrastructure and highly trained staff. We are ready to handle the most complex stroke cases for better outcomes. ”

Sharp Grossmont Hospital CEO, Scott Evans

Grants & Sponsorships

In 2018-2019, GHD also invested over **\$2.4 million** in grants and sponsorships for the benefit of residents served by local health organizations addressing priority health needs.



Estimated # of unduplicated residents served by grantees: **67,259 residents**

Grants & Sponsorships

Alzheimer's San Diego - Alzheimer's Response Team (ART) Pilot Program

Alzheimer's disease and other dementias create costly, devastating situations for families, with high rates of disease throughout San Diego County and the highest rates in our healthcare district. Sometimes in crisis situations involving someone with dementia, the person is taken to a hospital or to jail when there may have been a better course of action. In 2018-2019, the Alzheimer's Response Team (ART) pilot project was launched to provide an alternative pathway, with a specialized level of care, for people with Alzheimer's disease or related dementias experiencing crisis situations.

The ART pilot project was developed through a public/private partnership between the County of San Diego Health and Human Services Agency, San Diego County Sheriff's Department, Alzheimer's San Diego, Sharp Grossmont Hospital, and the Grossmont Healthcare District and was conducted in the areas served by the Santee Sheriff's Station (Santee, Lakeside, and unincorporated El Cajon). Also key to the success of the program were partnerships with first responders in these areas. Partners worked together to plan, implement and evaluate the ART model, starting with the "call for help" and ending with in-home services, assessment, treatment and assistance to seniors in crisis.



Families Assisted

70



Law Enforcement & First Responders Training

21

Chronic Conditions

American Heart Association

San Diego Heart & Stroke Walk

The Eric Paredes Save A Life Foundation

Heart screenings for youth (ages 12-25)

Olal Wieghorst Museum and Western Heritage

Automated External Defibrillator (AED)

Jacobs & Cushman San Diego Food Bank

Increasing access to healthy food for East County residents

Juvenile Diabetes Research Foundation (JDRF)

Sponsorship of "Promise Ball" annual event to help fight Type 1 diabetes

Behavioral & Mental Health

Center for Community Solutions

Trauma recovery integration counseling program

Home Start, Inc.

Specialized behavioral health services for victims of trauma, abuse, and crime

Trauma Intervention Programs (TIP)

Crisis intervention training for volunteer workforce

Celebration of Women (CWC)

Sponsorship for "In the Sunlight Spirit" conference for women in recovery

Survivors of Torture, International

Sponsorship for "Helping Survivor's Heal" luncheon for victims of torture and abuse

Cancer

Grossmont Hospital Foundation

Annual Gala (in support of David and Donna Long Cancer Center)

Aging

Alzheimer's San Diego

Alzheimer's Response Team (ART) pilot program; Supporting Families Affected by Dementia program

Serving Seniors

East County Senior Nutrition program

ElderHelp of San Diego

Care coordination for senior; sponsorship for "Essence of Life" event

Meals on Wheels Greater San Diego

Nutrition for seniors

Jewish Family Service of San Diego

Nutrition for seniors and adults with disabilities

Grants & Sponsorships

Direct Patient Care

Champions for Health

Project Access San Diego program (provides access to specialty care for underserved residents)

La Maestra Family Clinic

Expanding access to dental services in East County

Volunteers in Medicine

Financial support of free medical clinic based in El Cajon

San Diego Blood Bank

East County mobile blood collections program

La Mesa Lions Club

Sponsorship of "That's Amore" dinner event in support of free vision screenings for East County residents

Sharp Grossmont Hospital

Intergovernmental Transfer (federally-matched funds to Sharp Grossmont Hospital for MediCal reimbursement)

Disability Services

The ALS Association, Greater San Diego

East County patient care services

Challenge Center

Health function and wellness initiative for seniors and people with disabilities

Home of Guiding Hands

Quality nursing care for people with development disabilities

Noah Homes

Behavioral consultant, life enhancement services for adults with development disabilities

St. Madeleine Sophie's Center

On-site nursing services for adults with developmental disabilities

Developmental Services Continuum, Inc.

Part-time healthcare coordinator/LVN position, case management

Social Services

Burn Institute

School and community-based fire and burn prevention services

CSA San Diego County

"Healthy Homes, Healthy Communities" program education materials

Crisis House

"Project Homeless Connect" health and social service delivery event

Workforce Development

Grossmont College

State-of-the-art training equipment for health tech students

Grossmont Union High School District / Mountain Empire Unified School District

GHD Health Career Pathway Initiative

Grossmont Union High School District / Mountain Empire Unified School District GHD Health Career Pathway Initiative

The GHD Health Career Pathway Initiative supports equitable healthcare workforce development for high school students thinking about a career in health. Launched in 2002, the goals of the GHD Health Career Pathway Initiative are to better prepare students looking to enter health and medical post-secondary programs, increase awareness of health careers, and provide real-world relevant experiences in healthcare and public health.

Students at eight Grossmont Union High School District schools (El Cajon Valley, El Capitan, Granite Hills, Monte Vista, Mount Miguel, Santana, West Hills, and Valhalla) and at Mountain Empire High School in rural East County are enrolled in science classes offering special instruction relating to careers in healthcare and public health. These students also have internship opportunities available at local hospitals and medical facilities. GHD funding supports a Lead Health Career Coordinator, lab supplies, industry tours/field trips, pathway professional development, curriculum collaboration, internship coordination and recruitment efforts.



Educated
Students

3,363



Internship placements at
local health organizations

60



Health Pathway
courses offered

90

Supporting Local Students **with Scholarships**

In 2019, GHD invested over \$197,000 in scholarship awards geared toward local students pursuing careers in health care.

High School Health Pathway Scholarship

For local high school seniors who have expressed interest in a career as a healthcare professional; selected by school administrators

Richard J. Bea, RN Annual Nursing Scholarship

Awarded to college students working toward licensure as a Registered Nurse to encourage the development of nurses new to the profession

Health Tech Careers Scholarship

Awarded to college students pursuing a career in health technology to encourage post-secondary education and skill development across a variety of disciplines



“ I find that community outreach is so important when it comes to healthcare. My role as a nursing student is more important than I originally thought. ”

Anica Tellez
2019 Richard J. Bea Nursing Scholarship Recipient



“ During this time in my life, I plan to volunteer at hospitals, clinics, and senior homes, so I may give back to the community that has given me so many opportunities. ”

Bao Ho
2019 Health Technician Center Scholarship Recipient
(Cardiovascular Tech)

Community Outreach

Kids Care Fest

As part of our mission to support health-related community programs and services in East County, GHD has hosted a family health event called Kids Care Fest each year.

For the last several years, the primary purpose of Kids Care Fest has been to provide free health screenings and other timely clinical services, such as flu shots, for children and their families.

Over the years, Kids Care Fest has also offered people of all ages health insurance enrollment assistance, food assistance program information, and nutrition education as well as fun, family-building activities such as rock climbing, an inflatable obstacle course, and meet-and-greets with police and fire officials.

In partnering with more than 50 area medical and social services providers, Kids Care Fest was hosted in Lemon Grove in 2018 and 2019, allowing GHD residents to check off pressing health needs all in one place, an especially important resource in communities with limited access to timely, affordable care.

In 2018 and 2019, outreach expanded to include food donations from the San Diego Food Bank, behavioral health counseling resources, and breast and cervical screening services.



“ My daughter had never had her eyes checked until today. She has never said she couldn't see something or things were blurry. But, I wanted to make sure. They told me she has a little bit of astigmatism in one of her eyes and to keep checking on it. Now, I am relieved and know what to do to keep my children healthy. ”

Elizabeth M., recent Kids Care Fest attendee

Library

GHD operates the Herrick Community Health Care Library to help meet the health information needs of local residents. It is a free public library specializing in health-related materials and research assistance.

In 2019, the GHD said goodbye to Library Director Kathy Quinn, who retired in December. Kathy joined the Herrick Library in 2007, where she led staff in building, curating, and presenting all kinds of health education materials and classes for different populations in the district.



Visitors per
month
750



Total circulation
(checkouts)
1,841



Reference
questions
212

Library Program Highlight

Wellness Wednesday

The Library hosts a monthly “Wellness Wednesday” health education series, which features a variety of health topics and presenters. It is followed by a feature film, typically a Hollywood DVD that explores a health topic and keeps attendees engaged socially after the educational portion of the program.

In the last completed Fiscal Year, 508 residents attended monthly Wellness Wednesday talks, a 32% increase from the previous year. In coming months and years, the library will increase its virtual program offerings building upon lessons learned from the community engaging with Wellness Wednesday.

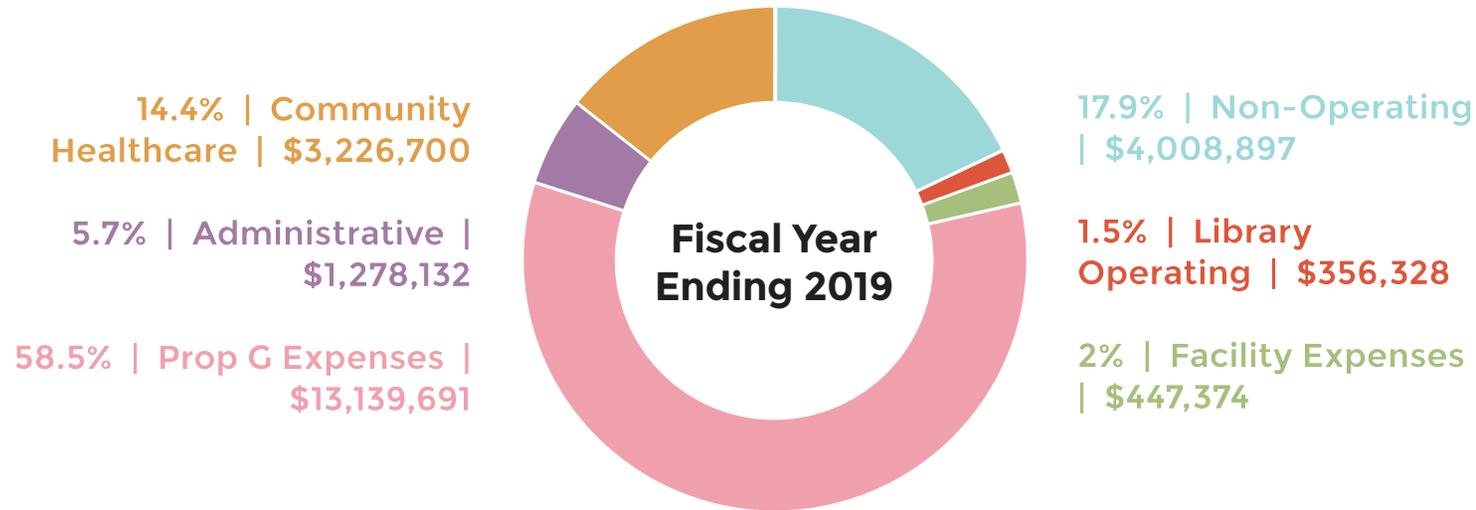
Recent topics have focused on support for aging and disabled populations, including type 2 diabetes prevention, hospice and palliative care, positive psychology, and dental health for older adults.



Increased Program Attendance

508 residents attended monthly Wellness Wednesday talks, a 32% increase from the previous year.

Summary of Expenses



Administrative - 5.7%

Includes operational costs such as salaries, benefits, office and janitorial supplies, equipment rental, board of director meeting expenses and stipends, travel, seminars, and professional services such as General Counsel, independent audits, and communications/advertising.

Community Healthcare - 14.4%

Includes expenses associated with community health grants and sponsorships to community-based organizations and Grossmont Hospital, health care career scholarships, community health fairs and award events, and pre- and post-award grant audits.

Non-Operating - 17.9%

Includes expenses not associated with daily operations, including but not limited to election expenses, Local Agency Formation Commission fees, legislative advocacy services, interest payments on cogeneration plant financing and over \$2 million to increase the contingency reserve fund.

Library - 1.5%

Includes operational costs for Dr. William C. Herrick Community Health Care Library salaries and benefits, technology maintenance, print and online resources, professional memberships, meetings and travel, and other miscellaneous equipment, supplies and services.

Facility Expenses - 2%

Includes expenses associated with Grossmont Healthcare District and Herrick Library physical buildings in La Mesa, including but not limited to security, communications and technology maintenance, landscape and janitorial services, utilities, insurance, and capital asset purchases.

Prop G Expenses - 58.5%

Includes bond principle payments, bond interest payments, legal fees, and legal fee reimbursements associated with hospital construction financed through the \$247 million Prop G bond measure, which was passed by voters in 2006 and completed in 2018.





Grossmont
Healthcare District

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   | grossmonthealthcare.org

