

Memo

To: Board Members
From: Christian Wallis / Amy Abrams
Date: February 7, 2025
Subject: Community Health Committee Minutes – **January 8, 2025**

The Committee met on Wednesday, January 8, 2025, at 12:00 p.m. Members of the public were able to participate by telephone, Zoom, or in-person at the Grossmont Healthcare District Conference Center, located at 9001 Wakarusa Street, La Mesa, California. In some cases, discussion of items may have taken place out of sequence during the meeting.

Attendees: Director Virginia Hall, Chair
Director Nadia Farjood, Member
Christian Wallis, Chief Executive Officer
Amy Abrams, Chief Community Health Officer
Holland Kessinger, Head Librarian
Ryan Purdy, Sharp Grossmont Hospital

- A. Call to Order:** The meeting was called to order by Director Hall at 12:00 p.m.
- B. Approval of Agenda:** The agenda was approved as posted.
- C. Public Comment:** There was no public comment.
- D. Reports/Discussion/Possible Action Items**

- 1. Health & Wellness Library

- a) Quarterly Update (October - December 2024)

Holland Kessinger presented highlights from the quarterly update with another quarter of high visitor numbers and library cards issued. She discussed the success of various health and education programs, including the Memory Cafe, which saw a significant increase in attendance. Programs are very well attended and most are at capacity. She will explore options for expanding programming to other locations within the district. There was a suggestion to reach out to Santee's senior program for a possible field trip to the library.

The library's marketing initiatives included participating in and hosting several community outreach programs, detailed in the report. A new medical history exhibit on the history of surgery was added to the library collection, and bulletin boards were installed in the Community Resources area for posting volunteer opportunities, job openings, and community events. Caitlin Shaffer, Library Outreach Assistant, attended the Association of Bookmobile and Outreach Services Conference in October 2024.

b) Mobile Outreach Library Review and Update

A van was purchased for the mobile outreach program and is currently being wrapped. Sharp has kindly offered the library a secure parking spot for the van in their parking garage. Ms. Kessinger is working on policies for the Mobile Outreach Library and plans to work with specific organizations and community centers, aiming to reach as many communities as possible.

c) Library Policy Process Update

Ms. Kessinger discussed the library policy process which had previously been reviewed on an alternate year cycle. However, this was deemed ineffective, leading to a full review of all policies. Going forward, the committee agrees with bringing policies forward for full board approval as they change or new policies are developed.

2. Programs & Events

a) Direct Cost Report

CEO Wallis explained the system that the previous committee was pursuing which requires Board approval for all recurring programs and events with the associated costs at the January committee meeting. Anticipated and upcoming expenses are submitted to the Board with intention and cost. Once fully vetted, they will be presented to the Board for approval. Director Hall asked how many resident outside of La Mesa come to programs. Staff explained that patron names and demographics are not retained after a program takes place, so this data is not current available.

There was a recommendation that staff develop a proposal for a spending threshold that does not require Board approval for small, last-minute expenses.

b) Monthly Report

Amy Abrams reviewed the budget report which detailed the direct costs of programs and outreach, with no items exceeding the budget. Ms. Abrams will

present a shortened version of the programs and events budget at the next Board of Directors for a recommendation to approve.

3. Community Health Initiatives

a) Transfer of Care Collaboration

i. General Overview of the Partnership

ii. Nurse Navigation Project

This project launched in October.

iii. RCFE/Assisted Living Project

This project was identified as a pilot program with Grossmont Gardens.

iv. Skilled Nursing Project

The partnership is making progress; CEO Wallis is meeting with the Medical Directors of the skilled nursing facilities, hospital and AMR.

b) Rural Health Coalition

i. General Overview of the Partnership

ii. Rural Health Discharge Program and Next Steps

The discharge project is transitioning to Sharp, with the County Health and Human Services removing themselves. County EMS is still looking for long term funding.

c) Grossmont Hospital Corporation (GHC) Zone 1 EMS Contract

Sharp Grossmont Hospital, Grossmont Healthcare District, and San Miguel/Heartland Fire Chief's are working on a contract extension with AMR, aiming to hold them accountable for their performance. CEO Wallis to finalize and distribute the redlined version of the updated Zone 1 ambulance contract to all parties.

E. Next Meeting: The next regularly scheduled meeting on the calendar is Wednesday, February 5, 2025, at 12:00 p.m.

F. Adjournment: There being no further business, the meeting adjourned at 1:10 p.m.