



**BOARD OF DIRECTORS
Meeting Minutes
January 18, 2024**

The recording of this meeting can be found linked [here](#). These meeting minutes show the time of specific agenda items. Fast forward the recording to the item of interest to hear detailed discussion.

The Board of Directors of Grossmont Healthcare District held a regular meeting on Thursday, January 18, 2024, at 5:00 p.m. via teleconference and in person. Members of the public were able to participate by telephone, Zoom, or at the Grossmont Healthcare District Conference Center, located at 9001 Wakarusa Street, La Mesa, California. For purposes of these minutes, the listed items are reflected in the order set forth on the posted Agenda. In some cases, discussion of items may have taken place out of sequence during the meeting. Mis-labeled items on the agenda have been corrected in these minutes.

Directors Present: Gloria Chadwick, RN, Board President
Robert “Bob” Ayres, Board Vice President
Virginia Hall, RN, Board Secretary
Michael Emerson, RDO, Board Treasurer
Randy Lenac, Board Member

Staff Present: Christian Wallis, Chief Executive Officer
Tom Scaglione, Chief Administrative Officer
Amy Abrams, Chief Community Health Officer
Holland Kessinger, Head Librarian
Jeffrey Scott, General Counsel

Guests: Luke Bergmann, Ph.D., County of San Diego
Aaron Nail, Chandler Asset Management
Mia Corral Brown, Chandler Asset Management

A. Call to Order

The meeting was called to order at 5:00 p.m. by President Gloria Chadwick.

B. Pledge of Allegiance

Director Randy Lenac led the pledge of allegiance.

C. Approval of Agenda (00:03:25)

Motion was made (and later amended) by Director Hall, seconded by Director Ayres, to approve the agenda with the change of moving agenda item F(3)(a) to F(2). Amended, and unanimously carried (5-0), to approve the agenda with the change of moving agenda item F(3)(a) to F(2). (For purposes of these minutes, the listed items are reflected in the order set forth on the posted Agenda. In some cases, discussion of items may have taken place out of sequence during the meeting.)

D. Public Comment (00:04:50)

There was no public comment.

E. Consent Action Items (00:04:55)

1. Meeting Minutes of December 4, 2023
2. Meeting Minutes of January 2, 2024

Motion was made by Director Hall, seconded by Director Ayres, and unanimously carried (5-0), to approve both Board meeting minutes of December 4, 2023 and January 2, 2024.

F. Reports/Presentations/Discussion/Possible Action Items

1. Reports (00:05:25)

- a) Presentation: San Diego County Behavioral Health Update on Board and Care Facilities – Dr. Luke Bergmann

Dr. Luke Bergmann, Director of Behavioral Health Services with the County of San Diego presented the Board with a behavioral health update. This included:

- County of San Diego serving approximately 110k people per year, by way of the health plan of the public health system (Crisis Care Continuum Plan/Medi-Cal).
- Certain sectors of the Continuum have a shortage of service capacity, which have ramifications for the system as a whole.

- The sector with the most concern is board and care/adult residential non-clinical facilities, which patients need a substantial amount of care, due to their diagnoses. Over the past five years, there has been a decrease of approximately 20% availability in board and care, mostly due to increased property values and owners' opportunity to make passive income.
- The lack of board and care then creates an overflow in the emergency departments, as they no longer have a setting to discharge patients.
- Through analytics by the County called the "Optimal Care Pathways Model," in order to relieve the board and care issue, around 142% more board and care spaces will need to be made available (for public insurance patients).
- In order to help remediate this, the County would like to change the way they support the people on Medi-Cal on how they are able to pay for board and care by subsidizing. The County used to apply \$20 per day towards patients' SSI, which has been adjusted to \$60 per day. The County is now in the process of adjusting again to a range from \$150 to \$500 per day. The State has recently awarded the County with a \$44M grant to establish the payments.
- Building additional board and care is another way the County would like to help support services by creating independent living/senior living campuses, to which the County has issued an RFI. The spaces ideally would be located in east county and central San Diego (i.e., County owned property in Hillcrest). The County is open to considering infrastructure opportunities.

Dr. Bergmann answered all of the questions the Board had.

b) CEO Report – Christian Wallis

District CEO Wallis gave a report, which included the following:

- CEO Wallis recently conducted a presentation regarding the Workforce Pipeline Project at the Economic Development Council, which resulted in various attendees reaching out and asking how they can further support us in this effort.
- The East County Point-in-Time Count is happening on January 25, 2024 at 4:00 a.m.

- On February 1, 2024, the District is partnering with, and participating in, the Grossmont Union High School District on a healthcare career panel event.
 - The District has been nominated for the East County Chamber of Commerce’s East County Honors Award, under the Hospital & Health Services category.
- i. Recommendation: Consideration of Pilot Program to Change Board Meeting Scheduling

The six-month pilot program of the District Board of Directors’ Board meeting new times of first Tuesday and third Thursday of every month at 5pm has come to an end.

Motion was made by Director Hall, seconded by Director Lenac, and unanimously carried (5-0), to approve Board meeting times of first Tuesday and third Thursday at 9:00 a.m., permanently, starting on February 6, 2024.

2. Community Grants and Sponsorships Committee – Director Hall (1/3/24) *(01:26:10)*

Director Hall reported that the Committee met on January 3, 2024 and that the minutes will stand as her written report. Attendees and discussion are listed in the Committee minutes (which are linked from the Board agenda to the District website).

a) FY23-24 Monthly Grants and Sponsorship Tracking Report

Director Hall briefly discussed the Grants and Sponsorships Tracking Report (which shows there is \$122,005 remaining for grants and sponsorships).

b) Consideration of Grant Requests

Recommended for funding:

- i. Jacobs & Cushman San Diego Food Bank: Fresh Produce for those in Need; East County Neighborhood Distribution Support - \$20,000 (FY22-23 \$20,000) ***Committee recommendation \$18,000***
- ii. San Diego Blood Bank: East County Blood Collection - \$30,000 (FY22-23 \$50,000) ***Committee recommendation \$30,000***
- iii. San Diego Youth Services: Mental Health Services - \$24,999 (No prior grant funding; FY23-24 sponsorship award for \$2,500) ***Committee recommendation \$24,999***

Motion was made by Director Hall, seconded by Director Chadwick, and unanimously carried (5-0), to approve the below grant awards:

- **Jacobs & Cushman San Diego Food Bank: Fresh Produce for those in Need; East County Neighborhood Distribution Support for \$18,000**
- **San Diego Blood Bank: East County Blood Collection for \$30,000**
- **San Diego Youth Services: Mental Health Services for \$24,999**

Laura O’Sullivan from San Diego Youth Services took a picture with the Board, gave the Board a success story, and thanked them for their support.

Not recommended for funding:

iv. None

Deferred - the Committee deferred consideration of the following request(s) to a subsequent meeting:

v. None

c) Consideration of Sponsorship Requests

Recommended for funding:

- i. Autism Society of San Diego: Autism Social & Mental Health Conference in 2024 - \$2,500 (No prior funding) ***Committee recommendation \$2,500 (to be used specifically for scholarships to East County residents to attend “free of charge,” which at a \$200 entrance fee, would allow for 12 residents to attend)***
- ii. transcenDANCE Youth Arts Project: CREATE 2024 - \$10,000 (FY22-23 \$10,000) ***Committee recommendation \$5,000***

Motion was made by Director Hall, seconded by Director Chadwick, and unanimously carried (5-0), to approve the below sponsorship awards:

- **Autism Society of San Diego: Autism Social & Mental Health Conference in 2024 for \$2,500**
- **transcenDANCE Youth Arts Project: CREATE 2024 for \$5,000**

Not recommended for funding:

iii. None

Deferred - the Committee deferred consideration of the following request(s) to a subsequent meeting:

iv. None

3. Finance Committee – Director Emerson (12/4/23) (1/10/24) **(01:11:05)**

The Committee met on December 4, 2023 and January 10, 2024. Attendees and discussion are listed in the Committee minutes (which are linked from the Board agenda to the District website).

- a) Recommendation: Investment Report for the Quarter Ended December 31, 2023 (Bill Dennehy, Chandler Asset Management)

Mia Corral Brown from Asset Management introduced colleague, Aaron Nail. Mr. Nail presented the Board with the Investment Report for the Quarter Ended December 31, 2023, which included an economic outlook and the District’s investment portfolio. The recent employment and inflation report, as well as asset allocation, was also discussed.

Motion was made by Director Emerson, seconded by Director Hall, and unanimously carried (5-0), to approve the Investment Report for the Quarter Ended December 31, 2023.

- b) Recommendation: Financial Report as of and for the Six Months Ended December 31, 2023

CAO Scaglione presented the Board with the Financial Report for the Three Months Ended December 31, 2023. This included a summary of general and debt service funds, revenues and expenses, variances, and restricted and unrestricted cash and investments. The total cash and investments ending this period is \$66.8M, down \$2.3M change from the beginning of the fiscal year. We are currently within budget in every department.

Motion was made by Director Emerson, seconded by Director Hall, and unanimously carried (5-0), to approve the Financial Report as of and for the Six Months Ended December 31, 2023.

4. Strategic Plan/Risk Management Committee – President Chadwick (1/9/24)
(01:32:04)

Director Chadwick reported that the Committee met on January 9, 2024. Attendees and discussion are listed in the Committee minutes (which are linked from the Board agenda to the District website). Director Chadwick commented regarding the Workforce Pipeline Project final report and asked the Board to select their top nine programs that they would like to see supported and forward them to CEO Wallis. Once all have been received, the results will be given to the Joint Strategic Plan/Risk Management Committee. Thereafter, a workshop will be held internally to discuss the top few and a special Board meeting will be set to vote on the one selected program.

a) Strategic Plan Dashboard (For Informational Purposes Only)

CEO Wallis selected three dashboard items to discuss and give more detailed information to the full Board:

- Priority One, Goal One, Conduct a large annual event led by GHD – Health Literacy event will be held in the Spring to be educated on the appropriate level of care
- Priority Two, Goal Two, Consult with SGH, including Library, to expand patient education materials and screenings – District plans to invite patient-focusing educators to a Library open house
- Priority Three, Goal One, Develop Library resources and a program that educate and inspire children to pursue healthcare occupations – Library now has a health career section of the Library so students have an opportunity to review pathways to healthcare careers

b) Consideration of Implementing a Grossmont Healthcare District Foundation 501(c)(3) (For Discussion and Informational Purposes Only)

Director Chadwick and Attorney Scott spoke of the District potentially developing a foundation (through articles of incorporation and bylaws) in order to set aside funds for a residency program, so the foundation could apply for grants. Those restricted funds would then be used for educational purposes only.

5. Facilities Committee – Director Ayres (12/12/23) (1/12/24) *(02:02:20)*

- a) Approval of Grant Agreement Amendment to Change Name from “Sharp Grossmont Hospital Neurosciences Center” to “Sharp Grossmont Hospital for Neuroscience”

Director Ayres gave a brief explanation of the proposed change. The Board inquired as to a Grossmont Healthcare District plaque in the front of the Neuroscience Center.

Motion was made by Director Ayres, seconded by Director Lenac, and unanimously carried (5-0), to approve the Grant Agreement Amendment to change the name of the Hospital neuroscience center from “Sharp Grossmont Hospital Neurosciences Center” to “Sharp Grossmont Hospital for Neuroscience.”

The following items include written documentation. Committee reports may stand as written, unless a verbal report is requested by the Board.

6. Public Relations & Outreach Committee – Director Lenac (12/11/23)
7. Government, Legal & Legislative Relations Committee – Director Hall (1/3/24)

Director Hall informed the Committee of a correction that needed to be made to the January 3, 2024 Government, Legal & Legislative Relations Committee meeting minutes: Agenda item D(4) – last sentence – needs to be changed to reflect that the California Nurses Association “strongly supports” a unified health system.

G. Memorials *(02:08:40)*

1. William Pogue, M.D. (1932 - 2023) Former Radiologist at Grossmont District Hospital (Sharp Grossmont Hospital)

Dr. Pogue, in his retirement, was a former District Healthcare Hero and also volunteered as a clown. The Board gave tribute to him and his family.

2. Ernest Ewin (1947 – 2023) Former La Mesa City Councilman and Chairman of the Prop G Grossmont Healthcare District’s Independent Oversight Committee

Mr. Erwin was the District very first Oversight Chairman. Director Chadwick also worked with him at the Grossmont College Foundation developing the OSHA Scholarship. The Board and Attorney Scott gave tribute to him and his family.

H. Board Member Comments/Reports

1. Monthly Stipend Report for Meetings Attended – This report includes meetings from the prior month. Board Members are invited to provide brief reports on any community meetings, conferences, and/or trainings attended for which a stipend was paid, or for any other meetings of significance.
2. Board and CEO Comments

I. Convene to Closed Session

1. Conference with Legal Counsel Pursuant to Government Code 54957 – Public Employee Evaluation: Chief Executive Officer

J. Report After Closed Session

K. Information Items

1. Monthly Grant and Sponsorship Reports for November and December 2023
2. Monthly Investment Transaction Reports for November and December 2023
3. Monthly Financial Report for November 2023
4. 2024 Committee Assignments

L. Next Regularly Scheduled Meeting(s):

1. *(To be determined)*

M. Adjournment

There being no further business, **on motion duly made, seconded, and unanimously carried, the Board adjourned at 7:10 p.m.**

Respectfully submitted,

Gloria Chadwick, RN, President, Board of Directors

ATTEST:

Virginia Hall, RN, Secretary, Board of Directors