

BOARD OF DIRECTORS
Meeting Minutes
January 6, 2026

Recording of this meeting can be found linked [here](#). These meeting minutes show the time of specific agenda items. Fast forward the recording to the item of interest to hear detailed discussion.

The Board of Directors of Grossmont Healthcare District held a regular meeting on Tuesday, January 6, 2026, at 9:00 a.m., via teleconference and in person. Members of the public were able to participate by telephone, Zoom, or in-person at the Grossmont Healthcare District Conference Center, located at 9001 Wakarusa Street, La Mesa, California 91942. For the purpose of these minutes, the listed items are reflected in the order set forth on the posted Agenda. In some cases, discussion of items may have taken place out of sequence during the meeting. Any mis-labeled items on the agenda have been corrected in these minutes.

Directors Present: Randy Lenac, Board President
 Maggie Watkins, Board Vice President
 Nadia Farjood, Board Secretary
 Virginia Hall, RN, Board Treasurer
 Robert “Bob” Ayres, Board Member

Staff Present: James Sly, Chief Executive Officer
 Tom Scaglione, Chief Administrative Officer
 Amy Abrams, Chief Community Health Officer
 Aleks R. Giragosian, Esq., Legal Counsel

Guests Present: Dan McNamara, Sharp Grossmont Hospital

A. Call to Order

The meeting was called to order at 9:00 a.m. by President Lenac who welcomed the new CEO, James Sly, and thanked past president, Bob Ayres, for his service.

B. Pledge of Allegiance (00:01:05)

Dan McNamara led the pledge of allegiance.

C. Approval of Agenda **(00:01:33)**

Motion was made by Director Watkins, seconded by Director Hall, and unanimously carried (5-0), to approve the agenda.

D. Public Comment **(00:02:42)**

President Lenac explained the process for giving public comment. There was no public comment.

E. Consent Action Items **(00:04:58)**

1. Amendment to the Foundation's Bylaws to List District Chief Executive Officer and Chief Administrative Officer as Corporate Officers
 - a) Recommendation: Approve amendment to the Foundation's Bylaws listing the District Chief Executive Officer and Chief Administrative Officer as corporate officers, adopted during the December 2, 2025 Foundation Board meeting.

Motion was made by Director Ayres, seconded by Director Farjood, and unanimously carried (5-0), to approve the amendment to the Foundation's Bylaws to List District Chief Executive Officer and Chief Administrative Officer as Corporate Officers.

F. Reports/Presentations/Discussion/Possible Action Items

1. Community Grants & Sponsorships – Director Farjood **(00:06:03)**

Director Farjood explained that on November 4, 2025, the Board received a set of recommendations from the Grants Committee, which were deliberated on December 2, 2025. To date, the Board has awarded 23 sponsorships totaling \$172,650, and 48 grants totaling \$3,658,009, leaving \$141,901 in remaining funds. The Committee deliberated on all outstanding grant requests that had not yet been awarded and recommended that the remaining funds be allocated to projects addressing the District's strategic priority areas of chronic conditions and aging. Accordingly, the Committee recommended the four grant awards listed below, totaling \$140,000.

2. FY25-26 Current Grants Budget (For Information Only): \$141,901 Remaining

a) Consideration of Grant Requests

Recommended for funding:

- i. Braille Institute of America, Inc.: San Diego Low Vision Rehabilitation - \$25,000 (No prior funding) **Committee Recommendation: \$25,000**
(Rubric Score: 91.4%)
- ii. Newcomers Support and Development: In Arabic Medical Podcast - \$25,000 (No prior funding) **Committee Recommendation: \$25,000**
(Rubric Score: 85.7%)
- iii. Mama’s Kitchen: Medically Tailored Meal Service – East County - \$70,000 (FY24-25 \$30,000) **Committee Recommendation: \$45,000**
(Rubric Score: 85.5%)
- iv. San Diego Blood Bank: East County Donor Center (ECDC) Support - \$90,000 (FY24-25 \$19,290) **Committee Recommendation: \$45,000**
(Rubric Score: 85.5%)

Motion was made by Director Farjood, seconded by Director Watkins, and unanimously carried (5-0), to approve the below grant awards:

- **Braille Institute of America, Inc. San Diego Low Vision Rehabilitation for \$25,000**
- **Newcomers Support and Development: In Arabic Medical Podcast for \$25,000**
- **Mama’s Kitchen: Medically Tailored Meal Service – East County for \$45,000**
- **San Diego Blood Bank: East County Donor Center (ECDC) Support for \$45,000**

b) Consideration of Sponsorship Requests

Not recommended for funding:

- i. Home of Guiding Hands Corporation: “15th Annual Randy Jones Run, Walk, & Roll for Independence” - \$20,000 (FY23-24 \$5,000 sponsorship) (Event Date: May 2, 2026)

Director Farjood noted that staff recommended the sponsorship not be awarded, and the Committee concurred, as the organization had already received a grant and they wished to reserve the remaining funds for the evaluation of additional sponsorship requests on a rolling basis.

3. Board and CEO Comments **(00:16:01)**

CEO Sly presented the officer elections as part of the order of business from the December 2, 2025 Board meeting, including the appointment of Director Hall as Treasurer, himself as Assistant Secretary, and Tom Scaglione as Assistant Treasurer.

Director Ayres recently attended the grand opening of the new Sycuan Health Clinic.

Director Farjood expressed concern about the District's 10 standing committees, citing staff efficiency and the time and resource commitment required. President Lenac confirmed that potential committee consolidation would be reviewed by the Joint Strategic Plan/Risk Management Committee and brought forward to the Board for consideration.

President Lenac clarified the protocol for Board members to request agenda items during Board meetings and explained that any item recommended by a Board member will be referred to the appropriate committee for consideration and brought back to the Board in a timely manner, with priority given to committee review and recommendation.

G. Convene to Closed Session **(00:31:19)**

1. Conference with Labor Negotiator (Gov. Code 54957.6); Name of District: Grossmont Health Care District; Unrepresented Employee: General Counsel
2. Liability Claims (Gov. Code 54956.95); Claimant: Martin Douglas Fine; Claim Against: Grossmont Health Care District & Grossmont Hospital Corporation

(The meeting convened to closed session at 9:31 a.m.)

H. Report After Closed Session

Counsel Giragosian stated that the Board met in closed session to discuss two items. The first item was a conference with the labor negotiator regarding the unrepresented employee, General Counsel; no reportable action was taken. The second item involved a liability claim filed by claimant Martin Douglas Fine against the Grossmont Healthcare District and Grossmont Hospital Corporation. The Board voted unanimously to reject the claim.

I. Next Regularly Scheduled Meetings

1. Thursday, January 15, 2026, 9:00 a.m.
2. Tuesday, February 3, 2026, 9:00 a.m.

The January 15, 2026 meeting has been postponed to January 22, 2026. No Board member objected to the new date.

J. Adjournment

- K. There being no further business on **motion duly made, seconded, and unanimously carried, the Board adjourned at 10:30 a.m.**

Respectfully submitted,

Randy Lenac, President, Board of Directors

ATTEST:

Nadia Farjood, Secretary, Board of Directors