

Memo

To: Board Members
From: Amy Abrams
Date: March 6, 2025
Subject: Community Health Committee Minutes – **March 5, 2025**

The Committee met on Wednesday, March 5, 2025, at 12:00 p.m. Members of the public were able to participate by telephone, Zoom, or in-person at the Grossmont Healthcare District Conference Center, located at 9001 Wakarusa Street, La Mesa, California. In some cases, discussion of items may have taken place out of sequence during the meeting.

Attendees: Director Virginia Hall, Chair
Director Nadia Farjood, Member
Amy Abrams, Chief Community Health Officer
Holland Kessinger, Head Librarian
Ryan Purdy, Sharp Grossmont Hospital

A. Call to Order: The meeting was called to order by Director Hall at 12:00 p.m.

B. Approval of Agenda: The agenda was approved as posted.

C. Public Comment: There was no public comment.

D. Reports/Discussion/Possible Action Items

1. Programs, Events & Outreach

a) Monthly Report

The Committee reviewed the monthly report which was deemed satisfactory. They briefly discussed the upcoming Christy's Place conference, the Grossmont Hospital Neuroscience Center Community Open House, and the April 29th East County Health: A Community Conversation event, with plans to promote it widely via the website, flyers, and social media.

b) Programs & Events Direct Cost Report

The Committee discussed current programs as well as suggested programs, including a mobile demo kitchen, a community garden, and an animal engagement program. There is concern about expanding programs, with Director Hall advocating for limiting the number to 12 programs, while Director Farjood advocated for growth to reach different age groups and rural areas. The discussion also touched on budget consideration, healthcare needs, and the importance of addressing issues like chronic stress and mental health in the community. Director Hall is concerned that the district needs to start saving for capital investments at the hospital that will be happening in the future.

The Committee *recommends* presenting the Community Health Programs, Events and Outreach Direct Cost Report to the Board for approval at the next Board meeting.

c) Community Program Guide & Policy

The Committee discussed revisions to the community health program proposal guide and highlighted the importance of aligning the community health program proposal policy with the existing grants policy, particularly regarding public agencies and funding limits. They reviewed the application process and agreement terms, aiming to simplify the process compared to larger grants while still protecting the District legally.

The following changes were recommended, including converting the program proposal form into an online application through Submittable, the removal of the requirement for site visits from the proposal process, the inclusion of a liability waiver information in the proposal document and updating the title of the proposal guide to “Community Health Program Grant Application.”

Director Hall will ask Counsel Scott for clarification on his concerns for using a Memorandum of Understanding (MOU) for the community health program proposals and also have him review the updated community health program policy before finalizing any changes.

2. Community Health Initiatives

a) Transfer of Care Collaboration

(This agenda item was not discussed.)

b) Rural Health Coalition

(This agenda item was not discussed.)

i. Mama’s Kitchen Partnership

(This agenda item was not discussed.)

ii. Rural Telemedicine Initiative

(This agenda item was not discussed.)

E. Next Meeting: The next regularly scheduled meeting on the calendar is Wednesday, April 2, 2025, at 12:00 p.m.

F. Adjournment: There being no further business, the meeting adjourned at 12:51 p.m.