



**BOARD OF DIRECTORS  
Meeting Minutes  
November 18, 2025**

The Board of Directors of Grossmont Healthcare District held the annual joint Board meeting with Grossmont Hospital Corporation on Tuesday, November 18, at 5:00 p.m., in person only. Members of the public were able to participate at Grossmont Healthcare District, located at 9001 Wakarusa Street, La Mesa, California 91942. For purposes of these minutes, the listed items are reflected in the order set forth on the posted Agenda. In some cases, discussion of items may have taken place out of sequence during the meeting. Mis-labeled items on the agenda have been corrected in these minutes.

**District Directors Present:**

Robert “Bob” Ayres, Board President  
Randy Lenac, Board Vice President  
Virginia Hall, RN, Board Secretary  
Nadia Farjood, Board Treasurer  
Maggie Watkins, Board Member

**District Staff Present:**

Aaron Byzak, Interim Chief Executive Officer  
Tom Scaglione, Chief Administrative Officer  
Amy Abrams, Chief Community Health Officer  
Aleks R. Giragosian, Esq., Legal Counsel

**GHC Board Members Present:**

Dee Ammon  
John Fonseca  
Ann Goldberg  
Barry Jantz  
Brian Moore, M.D.  
Brian Potter  
Chris Howard  
Scott Evans

**GHC Board Members Not Present:**

Ron Oberndorfer  
Diane Keltner  
Eric Strukel

SHC Staff Present:

Andrew Toth  
Greg Apel, M.D.  
Marguerite Paradis  
Greg Blank  
Myron Soyangco  
Adriana Montgomery

Guests:

James Sly

A. Call to Order

The meeting was called to order at 5:06 p.m. by District President, Bob Ayres.

B. Public Comment

There was none.

C. Reflection and Patient Story

Andrew Toth, Sharp Grossmont Hospital CFO, shared a reflection and patient story.

D. Reports/Presentations/Discussion/Possible Action Items

1. Grossmont Healthcare District Presentation – Aaron Byzak, GHD Interim CEO

Interim CEO Byzak presented the District’s 2025 year-end updates, covering FY24–25 expenditures, hospital support, grant awards, and workforce development efforts. He also introduced incoming CEO James Sly, who begins December 15, 2025.

2. Sharp Grossmont Hospital Presentations – Scott Evans, Sharp HealthCare CEO

- a. CEO Annual Review – Scott Evans and the SGH executive team presented updates on hospital operations, leadership, workforce engagement, recruitment, care advancements, and progress on the new Sharp Grossmont Hospital for Neuroscience.
- b. CMO Report – Dr. Greg Apel, SGH Chief Medical Officer, presented updates on quality metrics, improvement initiatives, and progress on the Family Medicine Residency Program.

- c. CNO Report – Marguerite Paradis, SGH CNO and VP of Patient Care Services, presented the annual nursing report, highlighting performance in patient experience, throughput, sepsis, key nursing indicators, workforce development, and the successful opening of the Neuroscience Hospital. Director Farjood asked about the cause of fewer patients leaving without treatment, which Ms. Paradis attributed to improved throughput and faster ER screening.
- d. CFO Report – Andrew Toth, SGH CFO, presented the year-end finance review, covering 2025 accomplishments, 2026 challenges, financial performance, patient trends, staffing, and capital initiatives. In response to Director Lenac, he affirmed that senior-capitated populations remain a strategic priority for Sharp.
- e. COO Report – Greg Blank, SGH COO, shared updates on the Neuroscience Hospital, expanded outpatient services, and community initiatives, including the SD Football Club partnership and Mary Birch Grossmont expansion.

Mr. Blank presented on the SGH master plan, campus updates, future capital projects, the Sharp HospiceCare annual report, and the year-end SGH performance report card.

Director Ayres congratulated the SGH teams on a successful year, praised collaboration with the District, expressed excitement for the Family Medicine Residency Program, and thanked board members and staff for their service to the community.

#### H. Adjournment

There being no further business, **on motion duly made, seconded, and unanimously carried, the Board adjourned at 6:52 p.m.**

Respectfully submitted,

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Randy Lenac, President, Board of Directors

ATTEST:

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Nadia Farjood, Secretary, Board of Directors