



Grossmont
Healthcare
District

Annual Report **2020**

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Letter from the CEO

On behalf of Grossmont Healthcare District (GHD), it is my pleasure to present our Annual Report to the Community. Our mission to support health-related programs and services in East San Diego County was challenged more than ever this past year, as we aimed to remove barriers and create opportunities for residents and local health organizations in the time of a public health crisis.



We began the year by approving \$3 million in support of behavioral health programs at our Sharp Grossmont Hospital. Fully matched by federal funding, these programs make it possible to provide critical behavioral services for the most underserved populations in our district. This, in addition to our offering nearly \$1.4 million in grants for local nonprofits and health organizations, directly reflects priorities outlined in regional community health needs assessments.

Removing financial barriers for those who support and benefit from the healthcare safety net has always been a GHD focus. In 2020, we worked on enhancing this focus by leveraging quarterly networking and learning opportunities for our nonprofit grantees, supporting access to care for the medically underserved, and increasing our scholarship offerings to meet the growing demand for health professionals. As the pandemic grew, we authorized an emergency grant program for COVID-19 relief funding of \$255,000 in support of community clinics as well as front-line caregivers at Sharp Grossmont Hospital. We also introduced two new scholarship programs this year to support advanced nursing and behavioral health related degrees as part of the \$227,000 awarded to students to address workforce shortages in high need fields.

Our new Library Director also responded quickly to help you thrive as our physical doors closed, accommodating our patrons by offering curbside pickup services, expanding on digital services offered, and moving programs to the digital atmosphere. We are consistently working to strengthen our resources in East County to better serve you.

The District exists for all of you as we nurture a healthy, inclusive, and informed community together. Thank you for being part of this vision. It has been a pleasure serving you through the years. As I prepare to retire from the CEO role at the District, I look forward to seeing the endless possibilities accomplished because of our respective work to prioritize you, our residents.

A handwritten signature in blue ink, which appears to read "Barry Jantz". The signature is fluid and stylized.

Barry Jantz | CEO, Grossmont Healthcare District

Your Healthcare District at a Glance



Hospital Beds
524

Hospital Programs

Behavioral Health Services, David and Donna Long Center for Cancer Treatment, Emergency and Critical Care Center, Grossmont Plaza, Surgery Center, Heart & Vascular Services, Hospice, Hyperbaric, Oxygen Therapy, Massage and Healing Touch Therapies, Orthopedic Services, Outpatient Imaging Center, Palliative Care Services, Pre-Admissions Evaluation Services, Rehabilitation Services, Robotic Surgery (da Vinci Surgical System), Senior Services, Sleep Disorders Center, Spiritual Care Services, Stroke Center, Women's Health Center

District Hospital

Opened in 1955, operated by the Grossmont Healthcare District until 1991, when it was leased to Sharp HealthCare. This lease was extended with the support of East San Diego County voters through 2051.



District Mission

As stewards of the public trust, your Grossmont Healthcare District will preserve and protect those resources entrusted to its care.

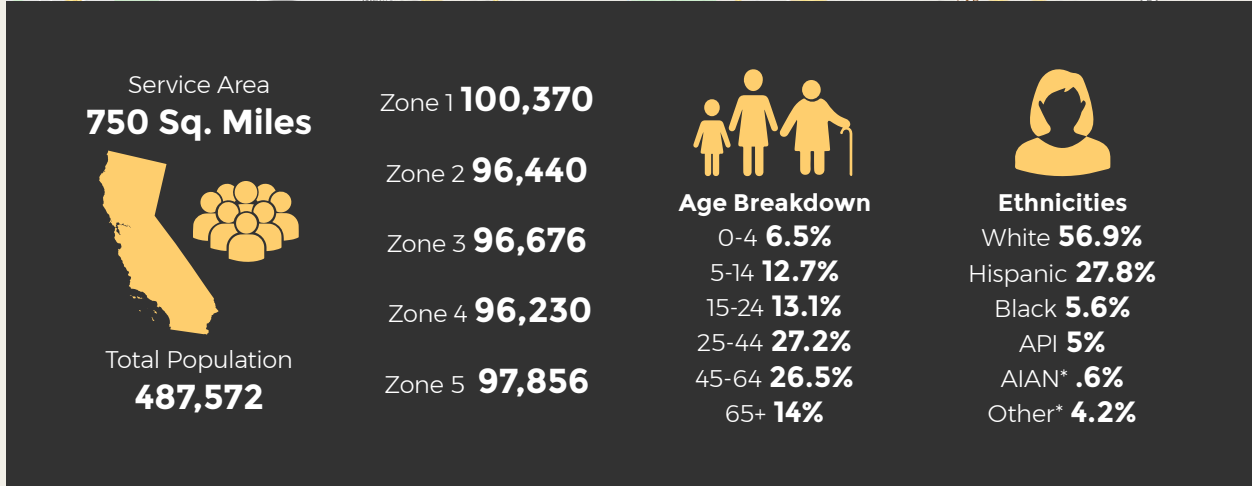
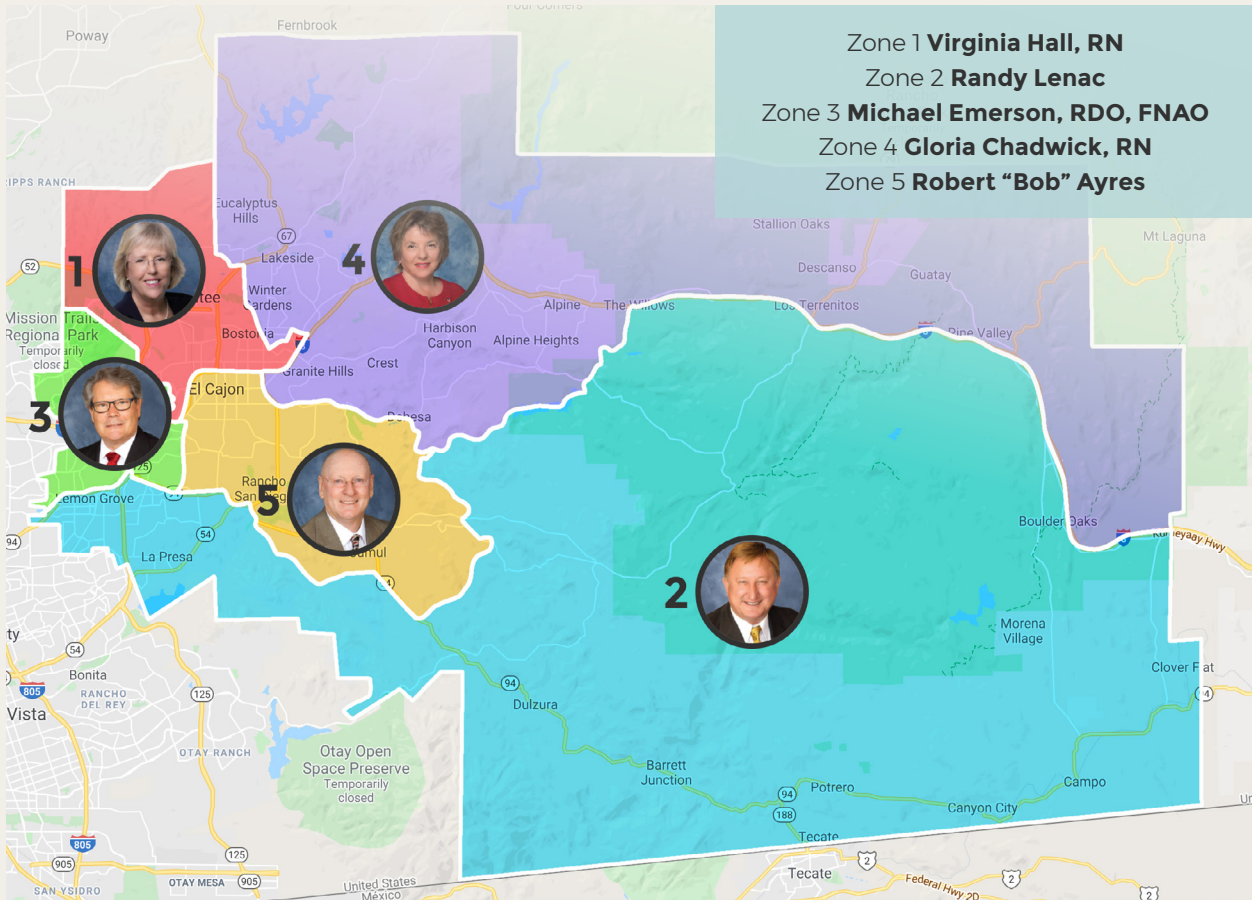
To maintain and improve the physical and behavioral health of its constituents, we will:

- Partner with our hospital operator, Sharp HealthCare, to ensure access to state-of-the-art medical services at Grossmont Hospital for all of the residents of Grossmont Healthcare District and beyond.
- Anticipate and recognize the unmet health care needs of the communities we serve and support suitable services to the greatest extent possible consistent with available resources.

Your Healthcare District at a Glance

District Map and Board of Directors

In 2019, GHD transitioned to zone-based elections. Each of the five members of the GHD Board of Directors are elected by voters in the zone they represent.



Hospital Partnership

Leveraging Local Dollars for Behavioral Health Services

For years, behavioral health has emerged as a top health need for East San Diego County, based on regional Community Health Needs Assessments.

At the end of 2019, the Grossmont Healthcare District board approved \$3 million in support of behavioral health programs at Sharp Grossmont Hospital, which was fully matched by federal funding to provide critical hospital services for the most underserved populations.

Our local funds being doubled by the federal government is of significant benefit to local taxpayers in providing this care, and in retrospect, focusing the investment on behavioral health ahead of a pandemic has put our hospital in a better position to address growing caseloads.

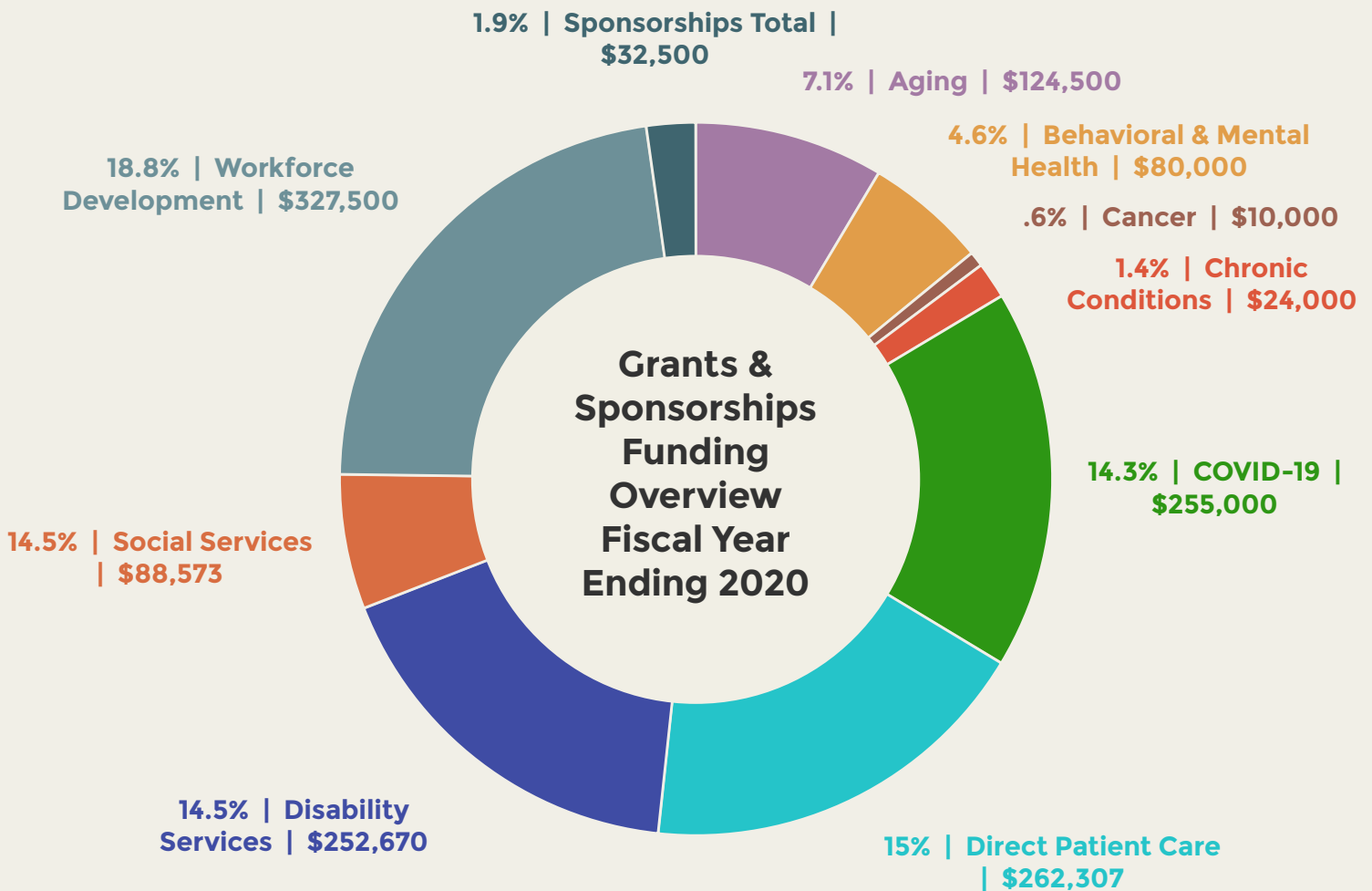


Supporting Front-Line Workers

As an immediate response to the strain caused by COVID-19, GHD also provided \$5,000 in emergency funds for the Staff Food Pantry at Sharp Grossmont Hospital to support its healthcare workers, which was established in March 2020 by Hospital staff for its employees to pick up essential food and supply items. Many of these healthcare workers were unable to go to the store and get items they needed for their families, either because the items were gone from the shelves or because of exhaustion after grueling, long shifts.

Grants & Sponsorships

In 2019-2020, GHD also invested over **\$1.4 million in grants and sponsorships** for the benefit of residents served by local health organizations addressing priority health needs. This year, as an immediate response to the strain caused to front-line caregivers and healthcare providers by COVID-19, an emergency grant in the amount of \$255,000 was approved by the board.



Estimated # of unduplicated residents served by grantees: **46,518 residents.**

Grants & Sponsorships

\$80,000 Behavioral & Mental Health

\$20,000 Center for Community Solutions

Trauma recovery integration counseling program

\$30,000 Home Start, Inc.

Specialized behavioral health services for victims of trauma, abuse, and crime

\$30,000 Vista Hill

Confronting the challenges of mental illness, substance use disorder or intellectual and developmental disabilities

\$10,000 Cancer

\$10,000 Caring Community Living With Cancer (CCLC)

Cancer support groups for patients, survivors, caregivers, and family members

\$124,500 Aging

\$27,500 Alzheimer's San Diego

Alzheimer's Response Team (ART) pilot program; Supporting Families Affected by Dementia program

\$30,000 Serving Seniors

East County Senior Nutrition program

\$42,000 ElderHelp of San Diego

Care coordination for seniors

\$25,000 Meals on Wheels Greater San Diego

Nutrition for seniors

\$32,500 Sponsorships

**\$1,500 Boys & Girls Club of East County:
2019 Auction Stampede**

Auction that helps to provide after school and summer programs to children ages six to eighteen

\$5,000 ElderHelp: Essence of Life

charity and auction that helps seniors live healthier and independent lives-aging with dignity in their own homes

**\$3,000 La Mesa Lions Club:
That's Amore Italian Dinner**

Dinner to raise funds for various La Mesa organizations including seniors and youth in need

**\$5,000 Leukemia & Lymphoma Society:
Light the Night**

a fundraising event benefiting LLS and their funding of lifesaving research to find blood cancer cures

**\$2,000 Survivors of Torture International:
Helping Survivors Health Fundraising Lunch**

Luncheon to continue serving torture survivors healing programs

**\$5,000 American Heart Association (SGH Team):
Heart & Stroke Walk**

American Heart Association's premier event for raising funds to save lives from this country's No. 1 and No. 5 killers - heart disease and stroke.

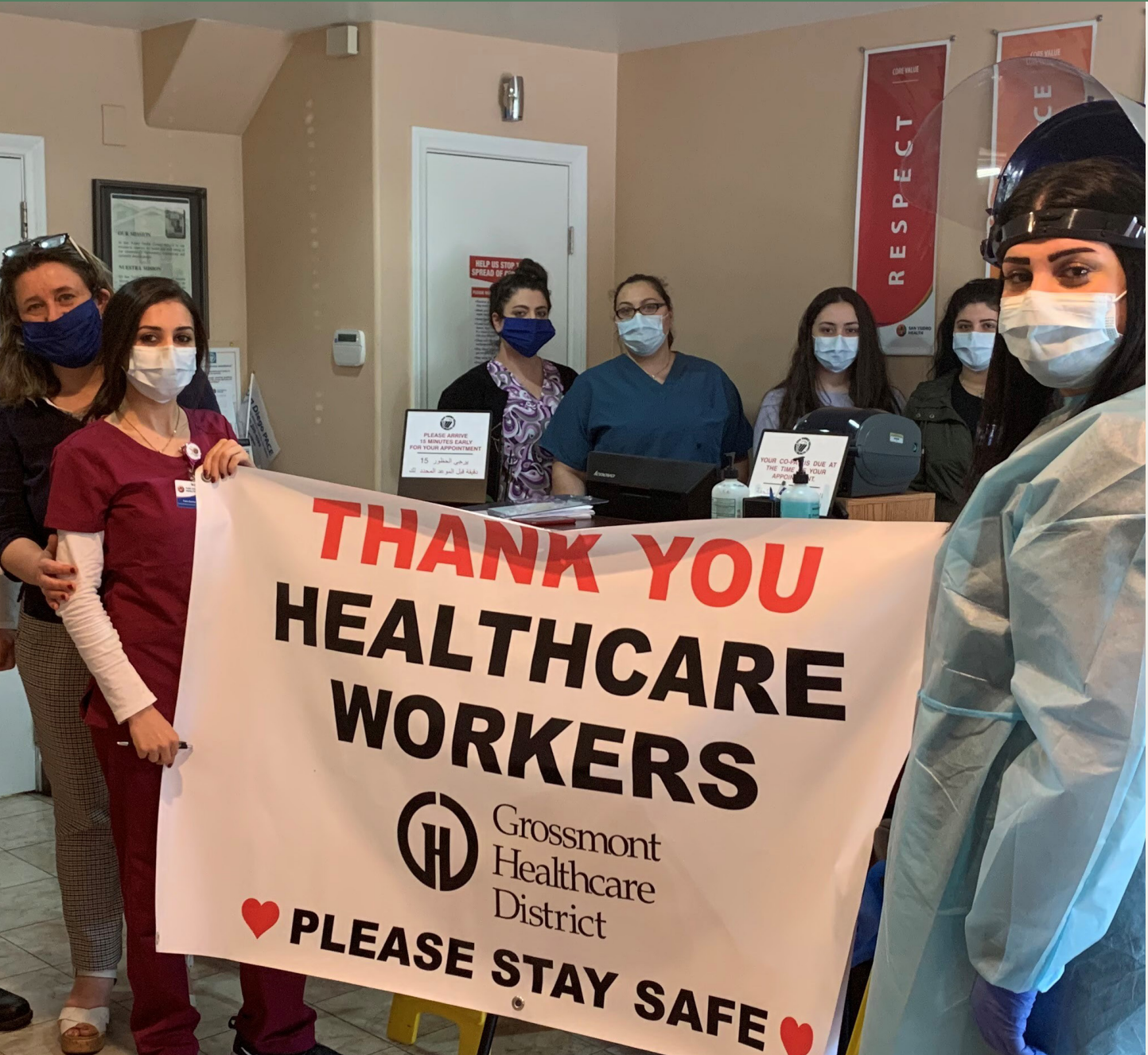
**\$6,000 CWC San Diego
31st Annual Celebration of Women Conference**

Conference for women to come together for recovery education, support, and celebration

\$5,000 5th Annual ALS Fiesta

virtual fundraising dinner to benefit local families living with ALS, or Lou Gehrig's disease

Grants & Sponsorships



Emergency Relief for Community Healthcare Providers

In April 2020, GHD board of directors authorized a \$250,000 emergency grant program for COVID-19 relief funding, in support of front-line caregivers and direct care community healthcare providers. Many of the area community clinics expressed dire need for personal protective equipment, in short supply while the clinic caregivers screen a significantly increased number of area residents during the COVID-19 crisis. In some cases, the clinics utilized the grant funds to expand telehealth capabilities and transportation support, both significant needs during the pandemic.

Grants & Sponsorships

\$262,307 Direct Patient Care

- \$19,000** **Champions for Health**
Provides access to specialty care for underserved residents
- \$35,000** **La Maestra Family Clinic**
Expanding access to dental services in East County
- \$150,000** **Volunteers in Medicine**
Financial support of free medical clinic based in El Cajon
- \$58,307** **Mountain Health & Community Services, Inc.**
Provide high quality comprehensive primary care regardless of ability to pay

\$252,670 Disability Services

- \$14,671** **The ALS Association, Greater San Diego**
East County patient care services
- \$50,000** **Challenge Center**
Health function and wellness initiative for seniors and people with disabilities
- \$119,000** **Home of Guiding Hands**
Quality nursing care for people with development disabilities
- \$19,000** **Noah Homes**
Behavioral consultant, life enhancement services for adults with development disabilities
- \$25,000** **St. Madeleine Sophie's Training Center**
On-site nursing services for adults with developmental disabilities
- \$24,999** **Developmental Services Continuum, Inc.**
Part-time healthcare coordinator/LVN position, case management

\$88,573 Social Services

- \$34,000** **Burn Institute**
School and community-based fire and burn prevention services
- \$7,000** **Crisis House**
"Project Homeless Connect" health and social service delivery event
- \$10,000** **License to Freedom**
Community education, self-sufficiency, and advocacy for refugee and immigrant survivors of domestic abuse
- \$3,500** **Sharp HealthCare Foundation**
Prevention education for brain, spinal cord, and other traumatic injuries
- \$34,073** **San Diego Freedom Ranch**
Addiction residential treatment program for men

\$327,500 Workforce Development

- \$100,000** **Health Occupations Center**
Education for those interested in employment preparation, skill advancement, and/or personal fulfillment in health-related fields.
- \$227,500** **Grossmont Union High School District/
Mountain Empire Unified School District**
GHD Health Career Pathway Initiative

\$24,000 Chronic Conditions

- \$10,000** **The Eric Paredes Save A Life Foundation**
Heart screenings for youth (ages 12-25)
- \$14,000** **Jacobs & Cushman San Diego Food Bank**
Increasing access to healthy food for East County residents

Supporting Local Students with Scholarships

In 2020, GHD invested over \$227,000 in scholarship awards geared toward local students pursuing careers in health care.

High School Health Pathway Scholarship

For local high school seniors who have expressed interest in a career as a healthcare professional; selected by school administrators

Richard J. Bea, RN Annual Nursing Scholarship

Awarded to college students working toward licensure as a Registered Nurse to encourage the development of nurses new to the profession

Health Tech Careers Scholarship

Awarded to college students pursuing a career in health technology to encourage postsecondary education and skill development across a variety of disciplines

Behavioral Health Scholarship (New in 2020)

Awarded to individuals who are advancing their career in behavioral health by pursuing a graduate degree to encourage career development and pursuit

Advanced Registered Nursing Scholarship (New in 2020)

Awarded to Registered Nurses working in the East Region who have been accepted in Nurse Practitioner (NP) or Physician Assistant (PA) programs to encourage professional development in the nursing field



“Pursuing my master’s degree in Marriage and Family Therapy will allow me to expand my skill set to help patients understand their symptoms and environment, for better success. Thank you to Grossmont Healthcare District for this incredible opportunity to keep this dream alive through the Behavioral Health Scholarship!”

Julia Smith



I believe that the higher level of education and skills and expanded leadership roles of nurse practitioners can positively shape the healthcare system and its policies, significantly impacting patients’ health outcomes. This is my motivation to pursue an advanced degree in nursing!”

Mark Cuenco

Community Outreach - Herrick Library



“ What’s great about working at the Herrick Library is that I get to support people on their health and wellness journeys. That could be finding information on a specific condition or medication or having a healthier lifestyle through nutrition or exercise. I know we’ve all turned to Google to search for health information but it can be overwhelming with some untrustworthy sites. At the library, we help people get started on reliable health sites and let them know about local health resources. Being better informed about a condition, diagnosis, and local organizations that can help seems to bring peace of mind to our library users, which is wonderful to see. ”



Grossmont Healthcare District
Herrick Community Health Care Library

Community Outreach - Herrick Library



In early 2020, Rachele Kierulff joined the GHD as the new Library Director. As she started to settle in, the COVID-19 pandemic hit and she led staff in pivoting outreach and reference services to remote, Curbside Pickup for library books & DVDs, adding digital resources, and hosting virtual health talks.

Increased Digital Offerings

Although Herrick Library had some digital references already, the need for additional digital resources became apparent once the physical library closed due to COVID-19. Since August, Herrick Library patrons have enjoyed and been informed by 49 digital health & wellness magazine titles on Flipster, accessible on a desktop, tablet or mobile device. Most used titles include Eat Well, Alternative Medicine and Diabetes Self Management.

The Library also started providing ebooks, audiobooks, and streaming video through the OverDrive platform and corresponding Libby app in September. They're available 24/7 for checkout and library patrons are no longer limited by physical distance from the library. Ebooks allow text to be made larger and a Dyslexic font is available for easier reading. Since launching these services last fall, there have been hundreds of combined views and check outs of our new digital collections.



Total circulation (checkouts)
615

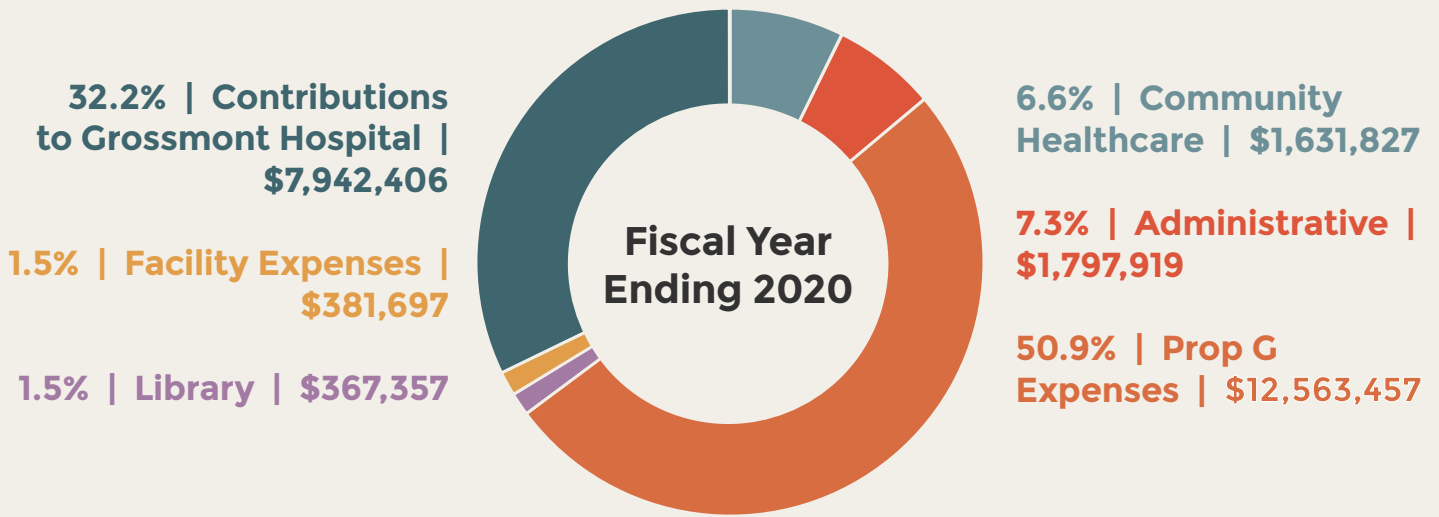


Reference questions
356



Grew digital library audience by
474%

Summary of Expenses



Contributions to GH - 32.2%

Includes support for general operating support or equipment, Proposition G program, and support for a successful application to become a Certified Stroke Center.

Facility Expenses - 15.5%

Includes expenses associated with Grossmont Healthcare District and Herrick Library physical buildings in La Mesa, including but not limited to security, communications and technology maintenance, landscape and janitorial services, utilities, insurance, and capital asset purchases.

Library - 14.9%

Includes operational costs for Dr. William C. Herrick Community Health Care Library salaries and benefits, technology maintenance, print and online resources, professional memberships, meetings and travel, and other miscellaneous equipment, supplies and services.

Community Healthcare - 6.6%

Includes expenses associated with community health grants and sponsorships to community-based organizations and Grossmont Hospital, health care career scholarships, community health fairs and award events, and pre- and post-award grant audits.

Administrative - 7.3%

Includes operational costs such as salaries, benefits, office and janitorial supplies, equipment rental, board of director meeting expenses and stipends, travel, seminars, and professional services such as General Counsel, independent audits, and communications/advertising.

Prop G Expenses - 50.9%

Includes bond principle payments, bond interest payments, legal fees, and legal fee reimbursements associated with hospital construction financed through the \$247 million Prop G bond measure, which was passed by voters in 2006 and completed in 2018.



New Tools Help Health Students During Pandemic

As a result of a \$100,000 grant authorized by the GHD board of directors, upgrades at the Health Occupations Center allow students in the medical field to continue their hands-on training during the COVID-19 Pandemic. Among the upgrades are these new, life-like mannequins. From the pulses to listening to the breathing sounds, the realistic mannequin shows students what they'd encounter in a clinical, real situation while also keeping them in a safe environment. This new technology and in-person learning assists students with training new healthcare employees, vital not only because of the Pandemic but because of the projected demand for healthcare workers.

