

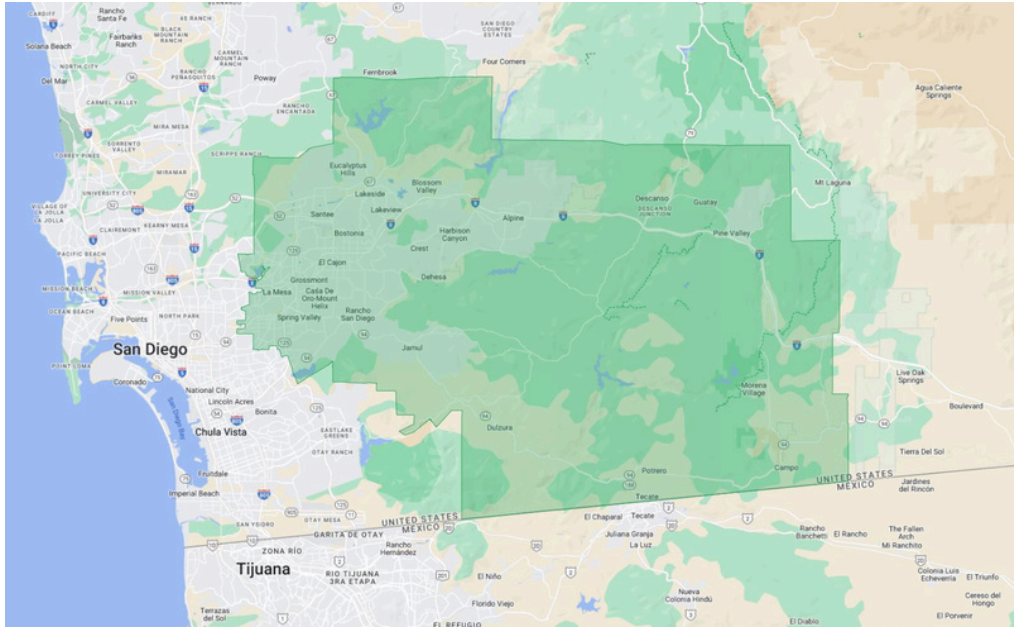


**Grossmont
Healthcare District**

FY 23-24

ANNUAL REPORT

About the District: Governance



The Grossmont Healthcare District is governed by a five-member publicly elected Board of Directors:

Gloria Chadwick, RN
FY23-24 Board President (Zone 4: Alpine, Unincorporated El Cajon, Harbison-Crest, Lakeside, Pine Valley, and the reservations of the Barona and Viejas Bands of Kumeyaay Indians)

Robert “Bob” Ayres
FY23-24 Board Vice President (Zone 5: El Cajon, Jamul, Rancho San Diego)

Virginia Hall, RN, FY23-24 Board Secretary
(Zone 1: El Cajon - Bostonia, Santee)

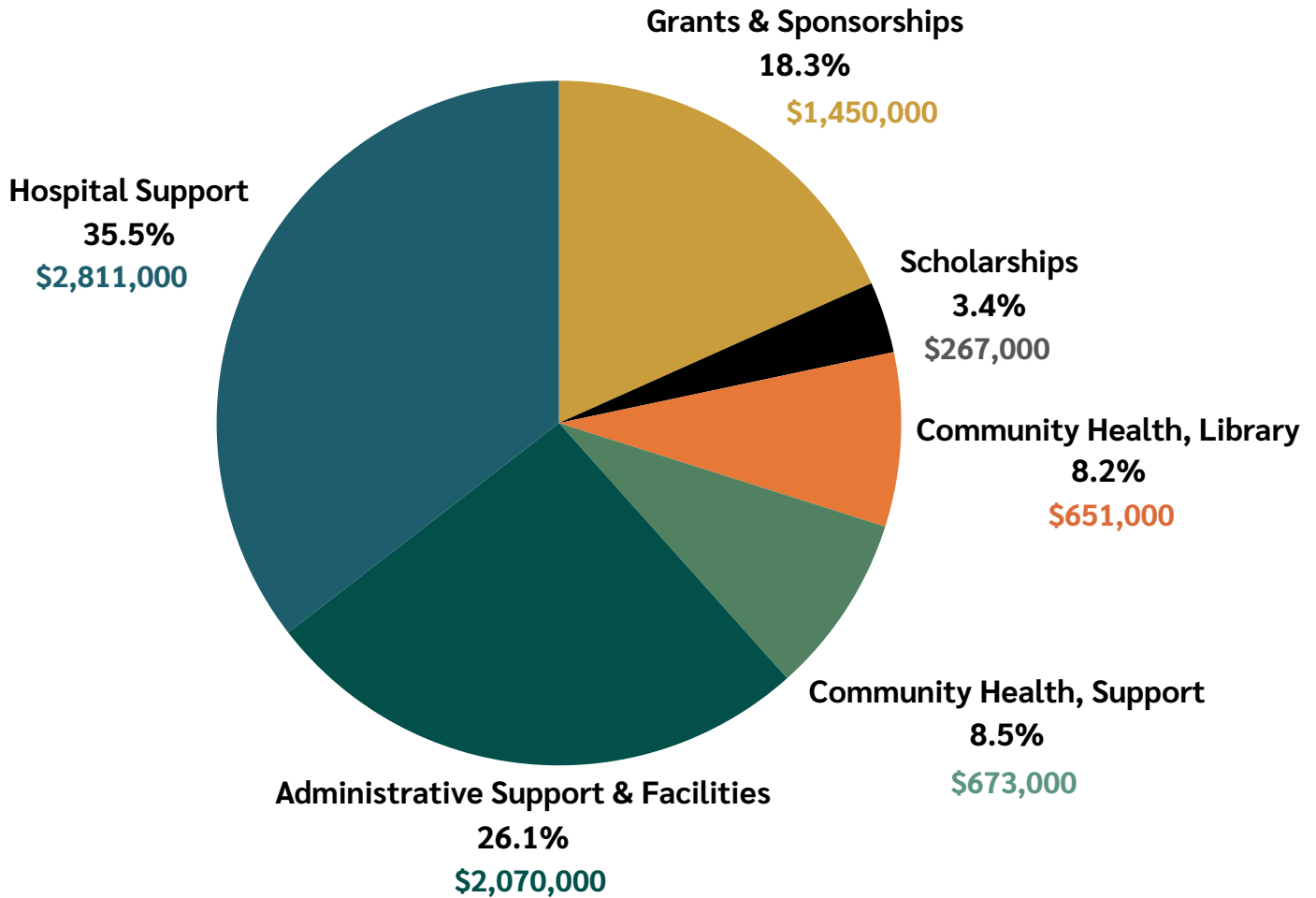
Michael Emerson, RDO, FY23-24 Board Treasurer
(Zone 3: La Mesa)

Randy Lenac
FY23-24 Board Member (Zone 2: Lemon Grove, Spring Valley, Mountain Empire Communities including Campo, Potrero, and Tecate)

Mission: As stewards of the public trust, your Grossmont Healthcare District will preserve and protect those resources entrusted to its care. To maintain and improve the physical and behavioral health of its constituents, we will:

- Anticipate and recognize the unmet health care needs of the communities we serve and support suitable services to the greatest extent possible consistent with available resources.
- Collaborate with the hospital and other community partners to ensure access to state-of-the-art medical services for all of the residents of Grossmont Healthcare District and beyond.

Financials: FY 23-24 Actuals



Serving the community is our priority.

The District's operating budget contains four internal departments:

Community Health (Support)

includes Hospital Support, Grants & Sponsorships, Scholarships, and other strategic initiatives

Community Health (Library) includes all of the public services available through the district's Health & Wellness Library

Administrative includes salaries and benefits, technology, and contract services

Facilities includes capital improvements, and the maintenance and repairs needed to support the district's community health programs

Submittable

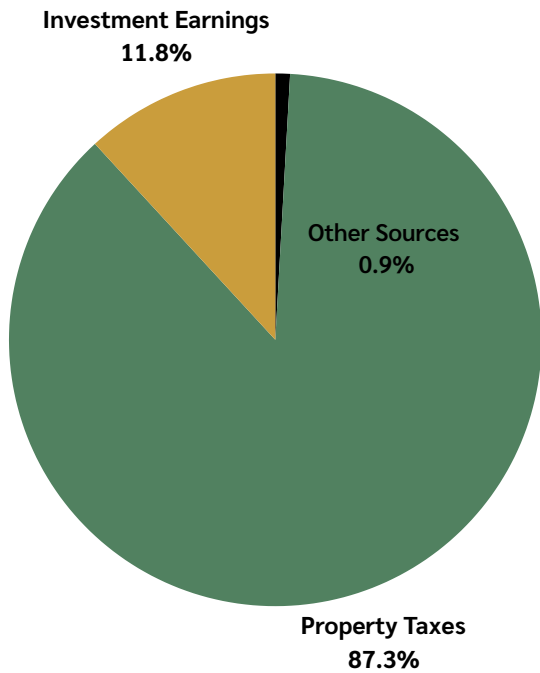
The purchase of a new grants management software program was approved by the Board of Directors and implemented for the start of the FY24-25 grants cycle, to help streamline the application submission process and reduce staff time.

grossmonthealthcare.org • 9001 Wakarusa St. La Mesa, CA 91942

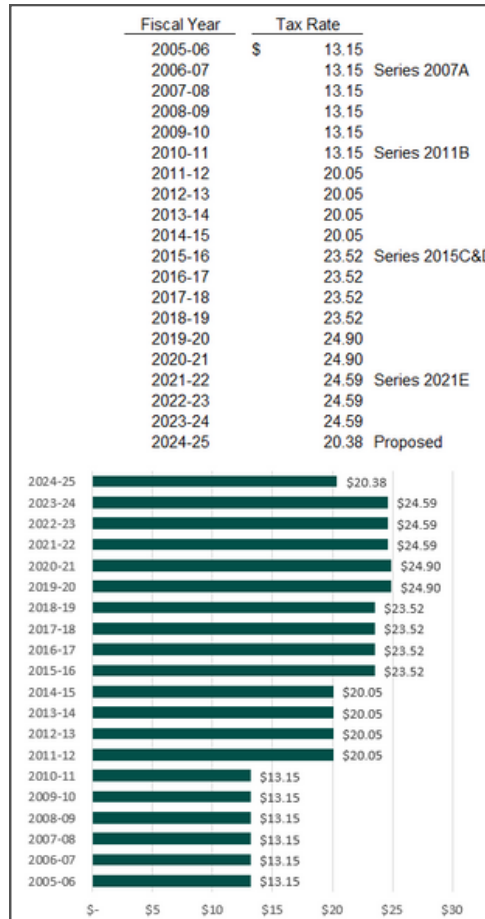
info@grossmonthealthcare.org • 619.825.5050

FY23-24 Administration & Facilities

The Grossmont Healthcare District values financial transparency and is responsible for sound stewardship of taxpayer funds. Below is a breakdown of GHD's revenue sources and special tax assessment rate history. This rate is to repay debt service (principal and interest) on the \$247 million in bonds issued to improve and expand facilities at Sharp Grossmont Hospital. Even though the debt service obligation increases every year, the most recent change to the tax rate was a decrease to \$20.38 of \$100K of assessed value.



Property Taxes: \$11,190,921
Investment Earnings: \$1,518,573
Other Sources: \$113,628



The library's windows were coated with UV blocking film to lower utility costs, and to help protect the collection.

District office and library lights were replaced with LED bulbs to enhance energy efficiency, reduce operational costs, and improve the lighting quality within our facilities.




The District ensures its facilities are well-maintained and safe for public use. In August 2023, the District received the Special District Risk Management Authority's (SDRMA) annual award recognizing its commitment to organizational excellence and risk management.

EAST COUNTY GROUPS AND NONPROFITS UTILIZING DISTRICT & LIBRARY MEETING SPACES IN FY 23-24:

18

Community Grants & Sponsorships

Since 1996, the Grossmont Healthcare District has supported a variety of local nonprofit health and wellness organizations through grants and sponsorships to meet the unmet healthcare needs of East County. The District emphasizes organizations that provide direct, hands-on patient care in the categories of aging concerns, behavioral health, and the region's most common chronic conditions. The following community-based organizations were awarded funding for their grant and sponsorship projects from the Grossmont Healthcare District for Fiscal Year 2023-2024.

AGING CONCERNS	BEHAVIORAL HEALTH	CHRONIC CONDITIONS	
<ul style="list-style-type: none"> Alzheimer's San Diego Chaldean Community Council Challenge Center ElderHelp Meals on Wheels San Ysidro Health Serving Seniors 	<ul style="list-style-type: none"> Celebration of Women Center for Community Solutions Crisis House Home Start License to Freedom McAlister Institute SD Freedom Ranch San Diego Youth Services Survivors of Torture Trauma Intervention Programs of San Diego Vista Hill Foundation Voices for Children 	<ul style="list-style-type: none"> American Lung Association Eric Paredes Save a Life Foundation La Maestra Community Health Centers Mama's Kitchen San Diego Blood Bank The Salvation Army Kroc Center Volunteers in Medicine 	
TOTAL: \$244,966	TOTAL: \$389,395	TOTAL: \$283,100	
			<h3 data-bbox="1143 947 1479 978">OTHER HEALTH NEEDS</h3> <ul style="list-style-type: none"> Burn Institute Developmental Services Continuum East County Media Grossmont Union High School District Home of Guiding Hands Jacobs & Cushman SD Food Bank Jewish Family Services Majdal Arab Community Center Noah Homes St. Madeline Sophie's Center
SPONSORSHIP AWARDS: \$157,599			TOTAL: \$492,440
<ul style="list-style-type: none"> Autism Society Boys & Girls Clubs of East County Christie's Place Crisis House East County Transitional Living Center ElderHelp Friends of the Water Conservation Garden 	<ul style="list-style-type: none"> Home of Guiding Hands Meals on Wheels Noah Homes SD Regional East County Chamber of Commerce Sprites of East County 	<ul style="list-style-type: none"> Sharp Grossmont Hospital Foundation Sharp HospiceCare St. Madeleine Sophie's Center transcendANCE Voices for Children YMCA San Diego - East County 	

In addition to this year's annual report, you will find a GHD Fiscal Year 2024-2025 calendar, which provides information about some of the scheduled District business and events during the current fiscal year. It highlights some of the many events and achievements of FY23-24 on our campus, in the library, and throughout East County. It also recognizes some of our valued community-based partners, and local events that the District supports during the year.



Calendar Key:

Month

FEATURED COMMUNITY
HEALTH THEME

LIST OF OTHER
IMPORTANT
NATIONAL HEALTH
OBSERVANCES
DURING THE MONTH

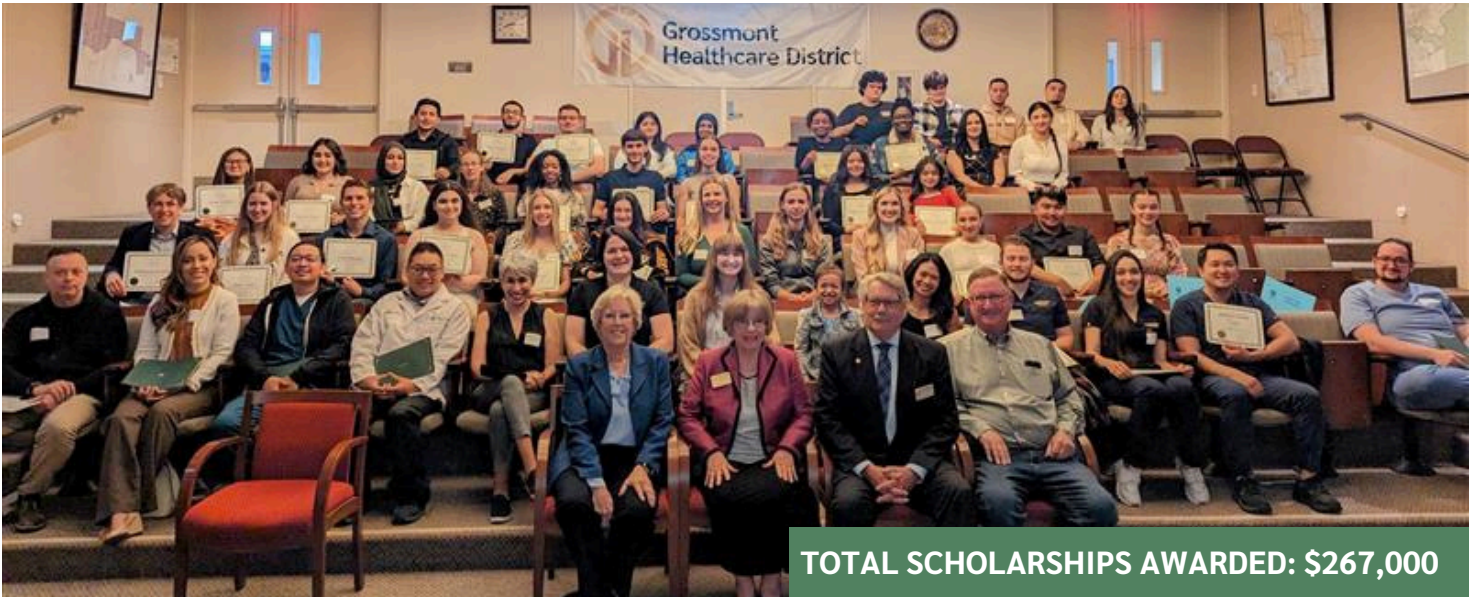
CALENDAR
YEAR



GHD'S MONTHLY
THEMES GUIDE THE
COMMUNITY HEALTH
FOCUS FOR LIBRARY
ACTIVITIES &
DISTRICT
COMMUNICATIONS

For an up-to-date calendar and complete schedule of our library's wellness programs, view the programs & events page on our website:
www.grossmonthealthcare.org/community/ghd-events

Workforce Development Updates



The Grossmont Healthcare District aims to address the current healthcare workforce shortage in East County by connecting talented students and professionals to higher education and employment opportunities. One way the District supports this effort is through health career scholarships, recognizing the academic and personal excellence of both high school and post-graduate students pursuing higher education for health tech, nurse practitioners, physician assistant, behavioral health and nursing careers. Students awarded scholarships were honored at an awards ceremony with the Board of Directors in the spring (pictured above).

WORKFORCE DEVELOPMENT AMOUNT BUDGETED: \$610,000

In 2023, GHD collaborated with the East County Economic Development Council (ECEDC) to jumpstart the creation of a Healthcare Workforce Pipeline Project. In its initial phase, the project collected extensive research from 30 local healthcare employers and 15 educational institutions to identify gaps in the healthcare workforce. The final project produced 19 action items that the local stakeholders should consider. The District Board of Directors prioritized the top 9 to work on through the next fiscal year — more updates on this project to come!



HEALTH PATHWAYS TOTAL AMOUNT AWARDED: \$227,500



The Grossmont Healthcare District also supports high school students in East County through the Grossmont Union High School District “Health Pathways” program. The curriculum helps prepare students for health and medical post-secondary programs. Lessons are taught from a health sciences lens including medically-based labs, field trips, guest speakers, health career research, and medical training teaching.

Health & Wellness Library Updates



GHD's new Library Outreach Assistant Caitlyn Shaffer holds a Master of Library and Information Science degree, and is an East County native. She is working with Head Librarian Holland Kessinger on the launch of a mobile library, to increase our reach throughout the District.



A new monument sign and exterior building signage were installed along Wakarusa Street.



Our "Library of Things" now includes take home kits for children with play toys and books centered around future careers such as doctors, dentists, and nurses.

TOTAL # OF NEW LIBRARY CARDS ISSUED: 161

NEW BOOKS ADDED TO PHYSICAL COLLECTION: 620

AVERAGE # OF MONTHLY VISITORS: 627

TOTAL # BLOOD PRESSURE MONITOR USAGE: 128

The library's Community Resources area was expanded.



Two new library cards were designed and are now in use.



Library Health & Wellness Programs



ARTS & CRAFTS

Community. Access. Connection. Art Workshops,
Every 3rd Wednesday in partnership with
ArtReach San Diego
Crafternoon - Every 2nd Monday
Knit & Crochet Club - Every 3rd Monday

PHYSICAL ACTIVITY

Easy Does It Chair Yoga (AM & PM)
Every 2nd Wednesday
Fitness Forever Club - Every 1st & 3rd Thursday
Walk With a Doc - Every 4th Thursday in partnership
with Sharp Grossmont Hospital

MUSIC & MOVEMENT

Drums Alive Music Therapy
for Seniors, Every 1st
Wednesday in partnership
with MusicWorx
Music Storytime with
Hooray Miss Marae - Every
3rd Tuesday

We offer a variety of free health and wellness programs as a benefit to East County residents. In addition to several special health education events highlighted in this report, in FY23-24 GHD welcomed nearly 1,700 attendees at our regular library programs, which are led by expert instructors and designed for participants of all ages.



OTHER

Health & Wellness Library Tours - Every 3rd Tuesday
Memory Screenings - Held monthly in partnership with the
Sharp Neurocognitive Research Center
Mindful Movement & Sound Meditation - Every 2nd Thursday
Wellness Wednesdays - Monthly lectures on a variety of
health topics, held every 4th Wednesday

Strategic Initiatives Update

RURAL HEALTH DISCHARGE PILOT PROGRAM

\$125,000 AWARDED



In an effort to reduce Sharp Grossmont Hospital readmission rates for residents of East County's rural communities like Mountain Empire, the District led the creation of a pilot program last year partnering with District 2 Supervisor Joel Anderson's office to send a registered public health nurse along with County Cal/Fire firefighters/paramedics to conduct post-discharge follow-up visits for rural East County patients. The one-year program was such a success that the pilot has been extended for another year. The hospital now funds the nurse salaries, while GHD and the County of San Diego County split the cost of the paramedic services. Other organizations in Southern California have also taken note and are interested in using the model.

TRANSFER OF CARE COLLABORATIVE



GHD, Sharp Grossmont Hospital, local fire departments and districts, and County emergency medical response providers meet monthly to ensure timely and seamless transfer of care from ambulance providers transporting patients to the hospital's emergency department. The focus of this last year has been on routing lower level 911 calls to a more appropriate level of care in an effort to reduce the number of unnecessary emergency department visits from people living in residential care facilities.

nextdoor

The Grossmont Healthcare District recently activated a public agency page on Nextdoor, a platform that allows for direct engagement with users who reside within the District boundaries.

Advocacy Update



The Grossmont Healthcare District advocates with local and state legislators, on issues that affect our residents, community partners, and district or hospital operations. During the year, the District provided advocacy regarding the following legislation:

- **Assembly Bill 918:** Letter of Concern over the dissolution of the Pioneer and Heffernan Healthcare Districts and creation of a new Imperial Valley Healthcare District, due to the state legislature taking action on a local issue without voter approval.
- **Senate Bill 1432:** Grossmont Healthcare District is committed to protecting access to care in our community, but relief is needed to ensure we can comply with this costly, unfunded mandate for seismic compliance. By providing additional time to meet the 2030 standard, SB 1432 provides the relief that hospitals need to achieve compliance.
- **Senate Bill 895:** Letter of Support for SB 895 by Senator Richard Roth which addresses California's nursing shortage by authorizing 15 community college districts to award Bachelor of Science in Nursing (BSN) degrees.
- **Senate Bill 43:**
 - Letter of Support delaying the start date of SB-43 would lead to an emergency department patient increase for the severely disabled.
 - Letter of Support to the SD County Board of Supervisors indicating strong support for allocating ARPA Evergreen funds for the implementation of Senate Bill 43 (SB 43). Under SB 43, the definition of gravely disabled is expanded to include individuals with severe substance abuse disorder or severe substance abuse disorder with a co-occurring mental health condition, and those who are unable to provide for their basic personal needs for food, clothing, shelter, personal safety, or necessary medical care. SB 43 allows law enforcement or county-designated professionals to place involuntary holds on an expanded group of individuals and transport them to emergency departments for a psychiatric evaluation and possible hospitalization.
- **San Diego County Board of Supervisors:** Letter of Support authorizing the Board of Supervisors to assess the board and care and subacute bed capacity for Medi-Cal eligible adults with behavioral health conditions in each Supervisorial district, and identify strategies to increase the number of available beds as needed.
- **Mental Health Services Act (MHSA) Three-Year Program and Expenditure Plan:** Letter of Support for the proposed amendment for Fiscal Years 2023-2026. This amendment reallocates \$10 million from Community Services and Supports (CSS) to Capital Facilities and Technological Needs (CFTN), which is crucial for projects like the recent development and construction of the East Region Crisis Stabilization Unit (CSU) in El Cajon.
- **Song Brown Primary Care Residency Funding:** Letter of Opposition regarding the state's May budget revision that decreases funding for the establishment of new medical residency programs

To the staff of Sharp Grossmont Hospital and all
of our community partners in East County:

THANK YOU

for helping us advance our mission!



Grossmont
Healthcare District