



# MEETING NOTICE

## Community Grants & Sponsorships Committee

A special meeting of the Community Grants & Sponsorships Committee of the Grossmont Healthcare District will be held on Friday, October 24, 2025, at 1:00 p.m., by teleconference and in-person. Members of the public may participate virtually via Zoom or telephone, or appear in-person at the District Office, located at 9001 Wakarusa Street, La Mesa, California 91942.

[Join Zoom Meeting](#)

**Meeting ID: 818 5432 7109**  
**Passcode: 606550**

If you wish to join by audio only from your phone,  
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**Meeting ID: 818 5432 7109**  
**Passcode: 606550**

**AGENDA**

**October 24, 2025 – 1:00 p.m.**

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- A. Call to Order:** Chair Director Watkins
- B. Approval of Agenda:** Member Director Farjood
- C. Public Comment**
- D. Guest Presentations – *None***

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**E. Reports/Discussion/Possible Action Items**

1. Template for Presentation of Staff Recommendations
2. Grant Requests\*
  - a) Consideration of Strategic Initiative or Workforce Project Grants
    - i. [For Their Thoughts Foundation Inc.: Expanding Dementia Health Literacy in Schools and Strengthening the Neuro-Healthcare Pipeline in East County - \\$46,100 \(FY24-25 \\$2,500 Sponsorship\)](#) **Board recommendation to go back to Community Grants & Sponsorships Committee for consideration**
    - ii. [University of San Diego: Grossmont Healthcare District Behavioral Health Scholarship Fund - \\$75,000 \(No prior funding\)](#) **Board recommendation to go back to Community Grants & Sponsorships Committee for consideration**
    - iii. [Walk San Diego dba Circulate San Diego: East County Vision Zero Report Update and Community Engagement - \\$48,250 \(No prior funding\)](#) **Finance Committee recommendation to not fund due to lack of healthcare nexus; Board recommendation to go back to Community Grants & Sponsorships Committee for consideration**
    - iv. [Heartland Regional Fire Training Foundation: Heartland Fire Training EMS Pathway and Community Training Program - \\$25,000 \(No prior funding\)](#) **Board recommendation to go back to Community Grants & Sponsorships Committee for consideration**
    - v. [East County Economic Development Council Foundation: Grossmont Healthcare District Career Pathways Initiative - \\$150,000 \(FY22-23 \\$105,000\)](#) **Board recommendation to go back to Community Grants & Sponsorships Committee for consideration**
    - vi. [St. Madeleine Sophie's Training Center: SMSC Healthcare Students Volunteer Program - \\$25,000 \(FY24-25 \\$25,000\)](#) **Board recommendation to go back to Community Grants & Sponsorships Committee for consideration**

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## b) Consideration of Other Grant Requests

(Listed in chronological order, oldest to newest)

- a) East County Transitional Living Center (ECTLC): East County Crisis Checkpoint for Continuum of Care - \$500,000 (FY23-24 \$12,500 Sponsorship; FY21-22 \$35,000 Grant)
- b) Eric Paredes Save A Life Foundation: Screen Your Teen - \$13,200 (FY24-25 \$13,200)
- c) Vista Hill Foundation: Vista Hill ParentCare Dual Diagnosis - \$30,000 (FY24-25 \$30,000)
- d) SD Imperial Counties Developmental Services Foundation aka Foundation for Developmental Disabilities: Expanding FDD's Emergency Help Fund Program Supporting San Diego Regional Center Clients and Their Families - \$25,000 (No prior funding)
- e) Boys & Girls Club of East County: BGCEC Youth Meal Program - \$50,000 (FY24-25 \$2,500 Sponsorship; FY20-21 \$10,000 Grant)
- f) License to Freedom: Roots of Resilience - \$139,800 (FY24-25 \$19,290)
- g) DAP Health, Inc.: DAP Health Centro Medico El Cajon X-ray Equipment and DR Software Upgrade - \$94,899 (FY24-25 \$16,750)
- h) San Diego Rescue Mission: East County Homeless Outreach & Collaboration - \$350,000 (FY24-25 \$25,000)
- i) YMCA of SD County / East County Family YMCAs: LIVESTRONG at the YMCA Cancer Survivor Program - East County - \$17,453 (FY24-25 \$17,500)
- j) Neighborhood Healthcare: Neighborhood Lakeside Health Center Expansion - \$450,000 (No prior funding)
- k) Trauma Intervention Programs of SD County Inc. : Crisis Intervention - \$25,000 (FY24-25 \$20,000)

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- l) Southern Regional Resource Center, Inc.: Improving GHD Family Caregivers' Wellbeing Through Respite Care - \$337,864 (No prior funding)
- m) Make-A-Wish Foundation of San Diego: Enhancing Pediatric Cardiac Care Through Resilience-Building Interventions - \$25,000 (No prior funding)
- n) San Diego Hunger Coalition: Addressing Food Insecurity for GHD's Most Vulnerable Residents - \$20,000 (No prior funding)
- o) SDSU Research Foundation dba Center for Excellence in Aging & Longevity (CEAL): Strengthening Aging Supports in East County Through Caregiver Training, Peer Networks, and Community Connection - \$144,473 (FY24-25 \$25,000)
- p) Saddles In Service: Healing for Frontline Nurses and Medical Staff - \$25,000 (FY24-25 \$25,000 Grant; FY24-25 \$5,000 Sponsorship)
- q) Volunteers in Medicine - San Diego Inc.: Free Medical Clinic for the Uninsured – Expanded Services - \$250,000 (FY24-25 \$150,000)
- r) Empowered Endings Foundation: Compassionate Navigation and Conversations: Supporting Seniors and Families in East County for Life at End of Life - \$75,000 (No prior funding)
- s) Crisis House: Pathway to Home: Senior Support Initiative - \$50,000 (FY23-24 \$8,000 Grant; FY23-24 \$8,599 Sponsorship)
- t) Autism Society San Diego: Expanding Autism Support Services in East County - \$250,000 (FY24-25 \$5,000 Sponsorship)
- u) Heaven's Windows: Child Nutrition Program - \$25,000 (No prior funding)
- v) Alzheimer's San Diego: Support for GHD Residents Impacted by Dementia - \$34,236 (FY24-25 \$23,000)
- w) Home of Guiding Hands Corporation: Nursing Expansion for IDD Residents of Grossmont Healthcare District - \$225,000 (FY23-24 \$69,000; FY23-24 \$5,000 Sponsorship)

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- x) Arms Wide Open: Performing Arts Classes for People with Disabilities - \$25,000 (FY24-25 \$25,000)
- y) Covenant Living at Mount Miguel dba Covenant Living of the West: Enhancing Transportation Access for Seniors at Covenant Living at Mount Miguel - \$15,000 (FY24-25 \$15,000)
- z) Oncology And Kids, Inc.: Resident Oncology Camp - \$25,000 (FY22-23 \$20,000)
- aa) McAlister Institute for Treatment & Education Inc.: Integrated Recovery Health Project: Expanding Medical and Psychiatric Support for SUD Treatment in East County - \$223,820 (FY23-24 \$13,100)
- bb) Family Health Centers of San Diego, Inc.: FHCSD Older Adult Services - \$40,000 (FY23-24 \$2,500 Sponsorship; FY21-22 \$70,939 Grant)
- cc) Survivors of Torture, International: Health Education and Literacy (HEAL) Program - \$75,000 (FY24-25 \$19,290)
- dd) Center for Community Solutions: TRIUMPH (Trauma Recovery Integration Using Multiple Pathways to Healing) - \$25,000 (FY24-25 \$25,000)
- ee) Developmental Services Continuum, Inc.: DSC's Music Therapy Program - \$25,000 (FY24-25 \$25,000)
- ff) Jacobs & Cushman San Diego Food Bank: San Diego Food Bank's Fresh Produce for East County Program - \$75,000 (FY23-24 \$18,000)
- gg) Serving Seniors: Serving Seniors East County Nutrition & Aging Care Support Program - \$78,837 (FY24-25 \$30,000)
- hh) Noah Homes, Inc.: Noah Homes IT Infrastructure Upgrades for Essential Medical Services and Compliance - \$200,000 (FY24-25 \$25,000)
- ii) Community, Action, Service and Advocacy (CASA): Bringing Shared Housing to East County to Help Prevent Homelessness - \$25,000 (No prior funding)

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- jj) N.A.T.I.V.E. Placements: Project Hope - \$50,000 (No prior funding)
- kk) Institute for Public Strategies: Meet ME (Mountain Empire) Outdoors - \$149,966 (No prior funding)
- ll) Institute of Reproductive Grief Care: Reproductive Grief Education for Grossmont College Nursing Program - \$44,000 (FY24-25 \$2,500 Sponsorship)
- mm) San Diego Seniors Community Foundation: East County Longevity Hub - \$350,000 (No prior funding)
- nn) The Foundation for Grossmont & Cuyamaca Colleges: Advancing Cardiac Care Instruction in East County - \$75,000 (No prior funding)
- oo) Bliss Care Foundation, Inc.: Blissful Care Expansion - \$94,800 (No prior funding)
- pp) Impact Melanoma: San Diego County Skin Cancer Prevention GHD - \$122,407 (FY24-25 \$19,237)
- qq) Feeding San Diego: Food is Medicine – Rural Initiative Food Distributions - \$75,000 (FY24-25 \$25,000)
- rr) Voices for Children: Court Appointed Special Advocate (CASA) Program Training Initiative - \$25,000 (FY24-25 \$25,000 Grant; FY24-25 \$10,000 Sponsorship)
- ss) Centro de Salud de la Comunidad de San Ysidro, Inc.: Food is Medicine Rural Initiative - \$258,930.69 (FY24-25 \$64,083 Grant; FY24-25 \$5,000 Sponsorship)
- tt) The San Diego LGBT Community Center: Advancing Health Equity for the LGBTQ+ Community through The Center’s Behavioral Health Services - \$50,000 (No prior funding)
- uu) San Diego Youth Services: Mental Health for Vulnerable Youth - \$112,000 (FY23-24 \$24,999 Grant; FY23-24 \$2,500 Sponsorship)

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- vv) [Meals-on-Wheels Greater San Diego, Inc.: Strengthening East County Senior Health: Meals and Innovation Hub Support - \\$200,000 \(FY23-24 \\$30,000; FY23-24 \\$5,000 Sponsorship\)](#)
- ww) [Connections for Adults Living Independently, Inc.: Connecting Individuals to Supported Living Services: A Multipronged Media and Outreach Approach - \\$25,000 \(No prior funding\)](#)
- xx) [San Diego Center for the Blind: The Nourish Project - \\$25,000 \(No prior funding\)](#)
- yy) [Majdal: Arab Community Center of San Diego, fiscally sponsored project of Mission Edge San Diego: Supporting Holistic MENA Refugee & Immigrant Mental Health - \\$91,195 \(FY23-24 \\$11,440\)](#)
- zz) [San Diego Blood Bank: East County Donor Center \(ECDC\) Support - \\$90,000 \(FY24-25 \\$19,290\)](#)
- aaa) [Jewish Family Services of San Diego: Continuum of Nutrition Support for Seniors - \\$40,000 \(FY24-25 \\$40,000\)](#)
- bbb) [Mama's Kitchen: Medically Tailored Meal Service – East County - \\$70,000 \(FY24-25 \\$30,000\)](#)
- ccc) [Resounding Joy, Inc.: Sounds of Legacy: Addressing Social Isolation Through Music Therapy for Seniors - \\$25,000 \(No prior funding\)](#)
- ddd) [Home Start, Inc.: Expanded Specialized Behavioral Health Services for GHD Child Victims of Trauma, Abuse, & Crime - \\$88,552 \(FY24-25 \\$38,500\)](#)
- eee) [The Salvation Army: East County Salvation Army Senior Nutrition Program - \\$74,775 \(FY24-25 \\$7,000\)](#)
- fff) [The New Children's Museum: Ground & Grow: Trauma – Informal Ceramics for Youth - \\$55,000 \(No prior funding\)](#)
- ggg) [San Diego County Medical Society Foundation dba Champions for Health: In-home Wellness for Older Adults & Homebound Individuals - \\$30,000 \(FY24-25 \\$30,000\)](#)

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- hhh) Christie's Place: Christie's Place Mental Health Services for Youth and Families Living with HIV - \$25,000 (FY24-25 \$5,000 Grant; FY24-25 \$2,500 Sponsorship)
- iii) San Diego Oasis: Wellness Plus – Comprehensive Health Education for Older Adults at San Diego Oasis' La Mesa Center - \$65,000 (No prior funding)
- jjj) ElderHelp of San Diego: ElderHelp Care Coordination & Transportation Program - \$65,000 (FY24-25 \$50,000 Grant; FY24-25 \$10,000 Sponsorship)
- kkk) American Pacific Health Foundation: Cognitive Assessment and Risk Education (CARE) Project - \$25,000 (No prior funding)
- lll) Therapy Center Inc. dba Challenger Center: Empowering Independence and Dignity in Aging - \$50,000 (FY23-24 \$18,750)
- mmm) So Say We All: Humanizing Healthcare Through Lived Storytelling - \$23,500 (No prior funding)
- nnn) Boys to Men Mentoring Network: Boys to Men Mentoring RECLAIM Project (Restorative Engagement for Community Leadership and Intervention Among Men - \$25,000 (No prior funding)
- ooo) We Support U: Personalized Repetitive Transcranial Magnetic Stimulation (PrTMS) for Treatment of Mild Traumatic Brain Injury mTBI (aka Concussion) - \$750,000 (No prior funding)
- ppp) Legal Aid Society of San Diego, Inc.: Grossmont Healthcare District Health Access Project - \$65,000 (No prior funding)
- qqq) FundaMental Health: Bridging the Mental Healthcare Gap in the Grossmont Healthcare District - \$25,000 (No prior funding)
- rrr) ArtReach: Addressing Behavioral Health & Social Isolation Through Visual Art Workshops with IRC's Women's Resiliency Center and Newcomer Youth Program - \$25,000 (FY24-25 \$14,000)
- sss) Braille Institute of America, Inc. San Diego Low Vision Rehabilitation - \$25,000 (No prior funding)

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- ttt) [Burn Institute: Burn Institute Fire Prevention and Burn Survivor Services for Grossmont Health District Residents - \\$68,000 \(FY23-24 \\$34,000\)](#)
- uuu) [African American Writers & Artists: Seasons of Health & Wellness: Community Engagement Initiative - \\$25,000 \(No prior funding\)](#)
- vvv) [Vision y Compromiso: Me Veo Bien, Me Siento Bien/I Look Good, I Feel Good, a chronic disease management program - \\$80,000 \(No prior funding\)](#)
- www) [Newcomers Support and Development: In Arabic Medical Podcast - \\$25,000 \(No prior funding\)](#)
- xxx) [Community Eldercare of San Diego dba St. Paul's PACE: St. Paul's PACE Nemeth Transportation Program - \\$336,000 \(FY24-25 \\$12,858\)](#)
- yyy) [The Foundation for Care Integration: Hospital to Home Transportation Program - \\$100,000 \(No prior funding\)](#)
- zzz) [Tremble Clefts San Diego, Inc.: Together, We Grow! - \\$176,829 \(No prior funding\)](#)

**3. Sponsorship Requests\***

(Listed in chronological order, oldest to newest)

- a) [Jacobs & Cushman San Diego Food Bank: San Diego Food Bank Gala - \\$10,000 \(FY23-24 \\$18,000 Grant\) \(Event Date: 04-18-26\)](#)
- b) [Autism Society San Diego Inc.: Autism Social and Mental Health Conference: Caring. Connection. Community. - \\$10,000 \(FY24-25 \\$5,000\) \(Event Date: 02-20-26\)](#)
- c) [Boys & Girls Club of East County, Inc.: BGCEC's 4<sup>th</sup> Annual Community Health Fair - \\$10,000 \(FY24-25 \\$2,500\) \(Event Date: Spring 2026\)](#)
- d) [ElderHelp of San Diego: ElderHelp's Essence of Life Awards and Charity Auction - \\$15,000 \(FY24-25 \\$10,000\) \(Event Date: 03-16-26\)](#)

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- e) Southern Regional Resource Center, Inc.: Aging and Caregiving Awareness Campaign: Exhibits & Community-Based Conference - \$70,000 (No prior funding) (Event Date: N/A)
- f) Transcendence Youth Arts Project: CREATE Performance 2026 - \$10,000 (FY24-25 \$5,000) (Event Date: 04-03-26)
- g) NAMI San Diego: NAMIWalks San Diego - \$5,650 (FY21-22 \$2,800) (Event Date: 04-25-26)
- h) Institute of Reproductive Grief Care: The Next Frontier: Where Innovation Meets Compassion - \$10,000 (FY24-25 \$2,500) (Event Date: 03-27-26)
- i) Christie's Place: "A Woman's Voice" Annual San Diego HIV Women's Conference - \$7,500 (FY24-25 \$2,500) (Event Date: 03-07-26)
- j) American Lung Association in California: LUNG FORCE Walk - \$10,000 (FY23-24 \$20,000 Grant) (Event Date: TBD)
- k) Center for Community Solutions: Grossmont Healthy Relationships Day - \$14,500 (FY24-25 \$25,000 Grant) (Event Date: 03-12-26)
- l) San Diego Black Business Network: HealWellFest - \$20,000 (No prior funding) (Event Date: TBD)
- m) Thrive Lemon Grove: Lemon Grove Farmers Market - \$10,000 (No prior funding) (Event Date: 10-02-25)
- n) For Their Thoughts Foundation: Move For Their Thoughts (MoveFTT) 35 Day Mile-a-Day Challenge - \$10,000 (FY24-25 \$2,500) (Event Date: 04-26-26)

**F. General Information/Communications**

**G. Next Regularly Scheduled Meeting** – *Wednesday, November 5, 2025, at 1:00 p.m.*

**H. Adjournment**

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*\*Applications are listed in order received. Per the FY25-26 Grants and Sponsorships Policy, all grant applications are to be received between July 1, 2025 - August 31, 2025, with decisions on any recommended applications going before the full Board for vote in December 2025. Grants that are urgent in nature due to unforeseen circumstances will be prioritized accordingly, as well as any fundraising sponsorships that have events being held prior to January 31, 2026. Additionally, pursuant to Page 1 (Funding Focus/Priority Areas), "The District Board, at its discretion, may prioritize the funding of grant projects involved in direct, hands-on-care, new grantees, and those organizations who have not been awarded every year for the last five years." Prior funding shown in parenthesis.*

*This certifies that a copy of this agenda was posted in the front entrance to the Grossmont Healthcare District offices located at 9001 Wakarusa Street, La Mesa, California at least 72 hours in advance of the meeting. If you have any disability which would require accommodation to enable you to participate in this meeting, please email Randi Baker, Executive Assistant & Office Manager, at [rbaker@grossmonthealthcare.org](mailto:rbaker@grossmonthealthcare.org), or call (619) 825-5050 at least 24 hours prior to the meeting.*

/s/ Randi Baker  
Randi Baker